

# Energy Therapy Network of the Mid-Atlantic States

## Membership Directory – Updated 05/15/09

### Delaware

Name: **Judith Light Baker, MS, NCC, DCC**  
Profession: Board Certified Counselor and Distance Credentialed Counselor,  
Energy Therapist, Meditation Teacher  
Address: 4772 Pearsons Corner Road  
Dover, DE 19904  
Phone: 302-734-2712  
Email: [namaste4772@yahoo.com](mailto:namaste4772@yahoo.com) or [clearlight11@aol.com](mailto:clearlight11@aol.com)  
Therapies: Spiritual and Psychological Counseling, Meditation, Visualization Reiki  
(master level), Healing Touch, TAT, EFT and BSFF  
Specialization: Spiritual and personal growth, artist's/creative block, performance  
anxiety, adult life transitions, enlightened self-care, loss and  
bereavement, tobacco cessation.  
Comments: My spiritual background is metaphysical, and this informs my spiritual  
counseling and direction. My psychological orientation is positive and  
solution focused, and I work to empower clients to make health choices  
and take positive actions. I'm excited to be mastering the energy  
therapies and working to build a private practice. I'm deeply grateful to  
be involved in this blessed work, which enables me to integrate all my  
training into one seamless therapeutic model as well as to effectively  
address my client's needs as a 'whole person'.

Name: **Kathryn Harris, LCSW**  
Profession: Clinical Social Work  
Address: 403 West Chestnut Hill Road  
Newark, DE 19713  
Office Phone: 302-731-8662  
Email: [kathrynph@aol.com](mailto:kathrynph@aol.com)  
Therapies: EFT, TAT, BSFF, EMDR, Bioenergetics, CBT (cognitive behavioral  
therapy), sand tray, art therapy, gestalt, ego psychology  
Specialization: PTSD and trauma - recent or past; women's empowerment;  
: dissociative issues  
Comments: I have been in practice 25 years (specializing in treating trauma related  
issues) and have been trained in many different modalities. Energy  
therapies have transformed the way I practice - and my clients  
excitement about their own possibilities.

Name: **Thomas C Kneavel, Ph.D.**  
Profession: Clinical Psychologist  
Office: 17-C Trolley Square  
Wilmington, DE 19806

Office Phone: 302-654-7155

Email: [dockneavel@yahoo.com](mailto:dockneavel@yahoo.com)

Therapies: Central to all my work are the various energy psychologies. I employ mostly EFT and TAT with TFT and toxin elimination a la Sandi Radomski as needed. I use a developmental (neo-Anna Freud) approach as a way to define and clarify and center issues. I also employ a wide variety of standard therapeutic techniques to achieve the goals set forth by the ages and stages approach. Family of origin work blends nicely with the developmental. Some cognitive, some Carl Rogers! EMDR as modified for a developmental approach. Behavior therapy. Social learning. Relaxation techniques, some bio-feedback. Locus of Control to frame things.

Specialization Child - adolescent - oppositional defiant children - stress disorders and issues - sexual perpetrators and those acting out sexually.

Prepared by Shawn Adler

Great Falls, Virginia

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ETN, Debby Vajda, LCSW and Shawn Adler are not responsible for any errors or misrepresentations, if any appear in this directory.