

Energy Therapy Network Of The Mid-Atlantic States

Membership Directory 05/15/09

District of Columbia

Name: **Marilyn Adams, L.Ac.**
Profession: Acupuncturist
Address: 9-B 8th Street, S.E.
Washington, D.C. 20003
Office Phone: 202-543-1911
Home Phone: 202-546-7979
Email: capitolhillacupuncture@verizon.net
Therapies: Acupunture, maxibustion, herbs, flower remedies, aromatherapy, kinesiology, gestalt psychology, allergy elimination.
Specialization Children with allergies
Comments: I educate the patient about their health and always seek the cause.

Name: **Kiki Bill, CHTP**
Profession: Healing Touch
Address: 1522 31st Street NW
Washington, DC 20007
Home Phone: 202-333-6129
Email: kikibill@earthlink.net
Therapies: Healing Touch

Name: **Becky Carroll, Ph.D.**
Profession: Psychologist, Somatic Experiencing Practitioner
Office: 3000 Connecticut Ave N.W., Suite 400A
Washington, DC 20008-2527
Office Phone: 202-332-8477
Email: b.carroll@mac.com
Therapies: TFT-Dx, TAT, EFT, EMDR-L2+, Emotional Transformation Therapy (ETT), Hypnotherapy
Specialization Trauma, PTSD, Dissociative Disorders. Also specialize in working with lesbian, gay, bi and transgender clients (LGBT)
Website: www.lgbtc.com

Name: **Pattie Cinelli, B.S.**
Profession: Personal and lifestyle trainer, writer
Home Phone: 202-544-0177
Email: fitness@pattiecinelli.com
Therapies: Mind body movement that can include core training, Pilates mat, yoga, strength and flexibility development, stress reduction, relaxation, breathing techniques.

Specialization Bringing fitness and lifestyle change to your home or office through exercise technique and lectures (for conferences, meetings, lunchtimes).

Name: **Dia Costello, LCSW-C**
Profession: Clinical social worker
Address: 5402 Connecticut Avenue, Suite 102 B
Washington, DC 20015
Office Phone: 202-244-5510
Email: dia@diaclaire.com
Therapies: PSYCH-K, TAT, NET (NeuroEmotional Technique), EMDR, EFT
Specialization Trauma, abuse histories, self-empowerment
Website: www.diaclaire.com

Name: **Andy Danzig, LCSW**
Profession: Social Worker
Address: 3670 Upton Street N.W.
Washington, D.C. 20008
Phone: 202-363-6767
Email: adanzig@aol.com
Therapies: Jungian talk therapy, imagery, learning Polarity therapy
Specialization Family, couples, young adults in transition

Name: **Irwin Dubinsky, LCSW, Ph.D.**
Profession: Psychotherapist
Office: 1634 Eye St NW
Washington, DC 20006
Office Phone: 202-783-6255
Email: IrvDub@aol.com
Therapies: TFT, EMDR, NLP, Hypnosis
Specialization PTSD, trauma, couples marital problems, depression, mid-life crisis and transitions

Name: **Randy Goldberg**
Profession: Astrologer, Craniosacral therapist, and Family Constellation facilitator
Address: 2347 Ashmead PL NW
Washington DC 20009
Office Phone: 202-518-0442
Therapies: Astrology (Western and Indian Vedic), Craniosacral therapy
Specialization Family Constellation therapy (individual and group)
Comments: I have been interviewed by the Washington Post and CNN, See
Website: www.randygoldberg.org

Name: **Mildred (Millie) Goldstone**
Profession: Psychologist, Reiki Master

Address: 5225 Connecticut Avenue N.W. Suite 705
Washington, D.C. 20015
Office Phone: 202-363-9322
Home Phone: 202-244-1444
Therapies: Psychotherapy, Hypnotherapy, Couples and Family Therapy, Reiki
Specialization: Holistic Psychotherapy, Reiki (Long Distance and In Person) (Usui, Karuna, Kundalini, Gold), Hypnotherapy, Therapeutic Touch
Comments: Reiki Practitioner and Instructor. Uses Reiki to facilitate relaxation and well being, relieve stress and chronic pain, release creative potential, and increase self awareness and self confidence.
Website: www.drmilliegoldstone.com

Name: **Raymond Holmes**
CEO, QI Consulting, LLC
Founder/Director Quintessence Institute LLC
Profession: Stress Management Consultant, Senior Paralegal, Professional Speaker, Seminar and Workshop presenter, Accelerated Learning Trainer
Address: 1747B Swann Street, N.W.
Washington, D.C. 20009
Office Phone: 202-272-8892
Email: Rayofquinn6655@yahoo.com
Therapies: Re-evaluation Co-counseling, Self-Talk, Biolinguistics
Specialization: Stress Awareness, inner-development, Jyoti Meditation
Comments: I present public lectures, seminars, and workshops

Name: **Virginia Ibarra**
Profession: ThetaHealing Practitioner, Graphic Designer
Address: 1601 New Jersey Avenue, NW Apt 2
Washington, D.C. 20001
Office Phone: 202-328-8137
Home Phone: 202-328-8137lp ,m
Cell Phone: 703-298-6019
Email: openspace2@verizon.net
Therapies: Energy Healing using hands-on-healing and other methodologies, Reiki, ThetaHealing, Flower Remedies, Aromatherapy, Yoga and Sacred Movement. Ongoing studies with Maryke Barclay at Indigo Light Institute.

Name: **Kate Kelly, LGSW**
Profession: Clinical Social Worker
Address: 6124 29th Street N.W.
Washington, D.C. 20015
Office Phone: 202-321-4379
Home Phone: 202-237-6050

Email: katekkelly@aol.com
Therapies: Yoga and meditation
Specialization Kids and families/adults

Name: **Jeanne Mitchler-Fiks, LCSW**
Profession: Social Work
Address: 2501 Calvert Street NW, #506
Washington DC 20008
Office Phone: 202-588-9885
Home Phone: Same
Email: jmfiks@aol.com
Therapies: EMDR, Thought Field Therapy, healing, cognitive therapy, guided imagery, hypnosis, gestalt therapy
Specialization Depression, relationships, pain management, anxiety, phobias. I also do telephone coaching with clients around a variety of issues.
Comments: In therapy, I work within the client's own spiritual/religious belief system. I see this as a major strength and work with the client to utilize it.

Name: **Donna Oberholtzer, M.A., MSW, LICSW**
Profession: Clinical social worker, psychotherapist
Office: 530 Seventh Street SE, First Floor
Washington, D.C. 20003
Office Phone: 202-277-4644
Home Phone: 202-277-4644
Email: Donna.ober@verizon.net
Therapies: Psychodynamic, relational, play, expressive, group
Specialization Depression, anxiety, relationship issues, trauma, PTSD, adoption, creativity, adults and children.

Name: **Maureane O'Shaugnessy**
Profession: Iridologist/Consultant/Facilitator
Address: Washington, D.C.
Office Phone: 202- 232-2863
Email: maureaneoshauugnessy@verizon.net
Therapies: Iridology, Bach Herbs, EFT, Body Electronics, Energy Healing, Remote Healing, Retrievals, Personalized Nutritional Healing Programs, Life Coach
Specialization Acute and Chronic Illness, Energy Imbalances/Clearing, Medical Intuitive, Empath

Name: **Jeanette Paroly, Ph.D., LPC**
Profession: Counseling and Consultation
Address: 4401 35th St. NW
Washington, DC 20008
Office Phone: 202-237-2223
Email: DrJeanetteParoly@aol.com

Therapies: Somatic awareness; EMDR Certified; Brief Strobic Photostimulation, advanced trained; Focused Energy
Specialization General Practice, Individuals, Couples, Relationship Issues, Trauma, Pain Management, Creativity and Artistic Enhancement, Performance Enhancement
Comments: I work on a reduced fee basis where not covered by insurance.

Name: **Mary Patsel**
Profession: Financial Counselor, "Money Coach"
Address: 4415 Harrison Street, NW
Washington, DC 20015-2107
Office Phone: 202-966-6481
Email: marypatsel@starpower.net
Specialization The Language of Money – Prosperity Consciousness; Basic Financial Planning; Debt Management; Quicken instruction & Ease of Use; Any aspect of Life that Money affects.

Name: **Alice B Penner, LICSW**
Profession: Clinical Social Work
Address: Preferred mailing address is the home address
Washington, DC
Office: 1090 Vermont Ave NW, #800
Washington, DC 20005
Office Phone: 202-296-7739
Home: 3700 Davenport St NW
Washington, DC 20016
Home Phone: 202-362-7116
Email: Alicepenner@erols.com
Therapies: Eclectic, hypnosis/stress management, EMDR and energy field therapies.
Specialization Sexual dysfunctions; gay, lesbian and transgender issues; couples, family, individual, group.
Comments: Speak German (Swiss German origin), have interest in transcultural issues, anxiety, depression, stress, relationship, addictive behaviors, and panic.

Name: **Leonard Rosenbaum**
Profession: Alternative cancer treatment & holistic health consultation & education
Address: Washington, DC
Office Phone: 202-393-2885
Email: leonardleonard1@earthlink.net
Therapies: Intuitive massage, Reiki, holistic health information
Specialization Diabetes, infectious diseases

Name: **Annie Shaw, RPP**
Profession: Polarity Practitioner

Address: 3701 Connecticut Avenue NW (near Cleveland Park metro)
Washington, D.C.
Cell Phone: 301-275-9870
Email: Annie.shaw@verizon.net
Therapies: Polarity Practitioner and Educator (Polarity Bodywork, Polarity Yoga, Polarity Cleansing Diet, & self awareness). REIKI, level III. My work combines training in zero balancing, Thought Field Therapy, BrainGym movements, Aromatherapy, Flower Essences and ongoing studies with Donna Eden.
Specialization Many of the clients I serve live with chronic illnesses: our work together creates opportunity to be more at ease in their body and access body wisdom to live a life of vitality and joy!

Name: **Candice Sinai, MsT, RPP, SEP**
Profession: Bodyworker, Movement Teacher, Somatic Experiencing Practitioner
Office: BodyWisdom
3701 Connecticut Avenue NW, Suite 2
Washington, DC 20008
Office Phone: 202-966-6113
Cell Phone: 202-669-0924
Email: body-wisdom@earthlink.net
Therapies: Craniosacral Therapy, Polarity Therapy, Massage Therapy, Raindrop Technique, Somatic Experiencing, Polarity Wellness Education, Yoga and Healing Movement, Holistic Nutrition, Zero Balancing, Sound Healing, Biosonic Repatterning
Specialization Helping others recognize how to live from their inherent health; and realize the beauty and wisdom of their true nature as Soul.
Comments: **BodyWisdom:** Polarity Therapy Practitioner Training. Playshops and skillshops on creativity, spirituality and health. Young Living Essential Oils. Gift shop with tools for healing including tuning forks and healthy living resources.

Name: **S. Kya Supers**
Profession: Director, Wise Women Web Network of Healing-Arts Professionals
Address: P.O. Box 14
Gore, VA 22637
Phone: 202-372-7351
Email: WomenHealers@aol.com
Therapies: Variety
Website: www.WiseWomenWeb.net
Comments: Greater Washington, DC: location

Name: **Juliette G. Tahar**
Profession: President, Healthy Living Inc. Macrobiotic (aka energy cooking) Chef instructor. Space and personal energy clearing practitioner.

Office: 3900 Tunlaw Rd. N.W. #314
Washington DC 20007
Cell Phone: 202-497-5269
Home Phone: 202-337-0362
Email: HealthyLivingInc@earthlink.net
Therapies: Space and personal clearing based on Eric Dowsett's work.
Specialization: Macrobiotics cooking. Space clearing (Metaphysical, ghosts, geological stress, electromagnetic disturbances). Personal clearing (trauma, blockages, coaching).
Website: www.HealthyLivingInc.org
Comments: The clearing process that I embrace is based on developing the skills of awareness. I approach it with an open heart. It is non-judgmental and embraces responsibility, compassion, acceptance and letting go. As I increase my own awareness and create energetic shift in myself, I am able to clear more.

When I work with clients, I connect with the energetic frequency of the reality that presents itself to me. If the frequency manifested is that of an imbalance, through my training, I embrace it and transmute it to a different frequency. The client then experiences a shift. As shifts occur, clients' lives lighten up. Their physical and the emotional bodies return to balance and the world around them shifts as they shift internally.

Space and personal clearing: www.ericdowsett.com This is the person that I have been studying with for the past several years; he might be of interest to those who want to know more about this kind of energy therapy.

Name: **Marion S. Werner M.Ed., CHTP**
Profession: Certified Healing Touch Practitioner
Address: 3201 Wisconsin Avenue, NW Suite 501
Washington DC 20016 (National Cathedral)
Office Phone: 202-966-5717
Email: marionwerner301-654-0473@yahoo.com
Therapies: Healing Touch, Reiki, mind-body medicine techniques for self awareness and self care.
Specialization: General health and well-being; opening the heart; easing anxiety and depression; helping adolescents with stress and anxiety; complementary cancer care; self-empowerment.
Comments: I also work with groups on such topics as, "Balance in Living," "Developing Intuition," and "Solutions for Stress for Teenagers."

Name: **Mary Lee Zetter, LCSW-C**
Profession: Clinical Social Worker

Office: 1000 29th Street
Washington (Georgetown) DC 20007
Office Phone: 443 822 6100
Email: mlzetter@comcast.net
Therapies: Seemorg Matrix Energy Therapy, TFT, EFT, BSFF, NLP,
Hypnotherapy, Cognitive Tx and Energy Therapy
Specialization Women's issues, pain management, Healing States, anxiety and
depression, couples therapy, trauma and sexual abuse. Trauma work
using Holographic Memory Resolution.

Prepared by Shawn Adler
Great Falls, Virginia
Email: ETN@fbh.org

ETN, Debby Vajda, LCSW and Shawn Adler are not responsible for any errors or
misrepresentations, if any appear in this directory.