

# Energy Therapy Network Of The Mid-Atlantic States

## Membership Directory 05/15/09

### Outside the Mid-Atlantic States

To read descriptions of each individual, please scroll down past the geographic listing.

#### *Listing by State and City*

Argentina		Elizabeth Jo Blocker	
California	Carlsbad	Marilyn Deak	
	Carmel	Robert Levin	
	Fremont	Stephanie Rothman	
	San Ramon	Lucy Grace Yaldezian	
Canada	Toronto	Nina Bregman	
	Toronto	Crystal Hawk	
	Toronto	Sharon Toole	
Georgia	Atlanta	Jane Holmes	
	Roswell	Paula Muran	
Maine	Brooks	Janet Decker	
Missouri	Kearney	Debi Lewis	
New Jersey	Kingston	Dorothy Boghdan	
	Lawrenceville	Jennifer Taylor	
	Ocean City	Sandi Radomski	
	Shrewsbury	Margaret Hartmann	
	Tom's River	Carole Seaver	
New Mexico	Corrales	Jane R. McGoldrick	
New York	Canaan	Asha Clinton	
	Hartsdale	Norma Feldman	
	New York	Martha Crampton	
	Rochester	Maxine McDonald	
	Saratoga Springs	Pat Butler	
North Carolina	Asheville	Becky Grabski	
	Pittsboro	Kathy Oddenino	
	Charlotte	Barbara Rulf	
Oregon	Corvallis	Debby Vajda	
	Portland	Laurie Day	
	Redmond	Mary "Mo" Wheeler	
Pennsylvania	Chadds	Richard Jontry	
	Dillsburg	Stephen Holland	
	Doylestown	Deb McComas	
	Hermitage	Fred Gallo	
	Kennett Square	Elva Pepper	

	Malvern	Marilyn Saltzman	
	Philadelphia	Lorna Levy	
	Pittsburgh	Gregory Nicosia	
	Plymouth Meeting	Philip Friedman	
	Villanova	Lee Bowers	
South Carolina	Florence	Duffy Poindexter	
Tennessee	Brentwood	Bea Scarlata	
	Jonesborough	John Browning	
Uruguay	Montevideo	Joaquin Andrade	
Vermont	Vergennes	Lucrezia Mangione	
Washington	Bothell	Joseph Arnaudo	
Washington	Bothell	Joael Arnaudo	

### ***Individual Descriptions***

Name: **Joaquin Andrade, M.D.**  
 Profession: Physician  
 Address: Rambla O'Higgins 4967  
 Montevideo, Montevideo 14100, Uruguay  
 Office Phone: 5982 613 8943  
 Home Phone: 5982 124812  
 Email: [drja@adinet.com.uy](mailto:drja@adinet.com.uy)  
 Therapies: BMSA (Brief Multi Sensory Activation) [www.BMSA-int.com](http://www.BMSA-int.com)  
 Specialization: Internal medicine. Anxiety, mood and learning disorders.  
 Comments: I'm ready to learn from you!

Name: **Joael Arnaudo**  
 Profession: Counselor, Coach, Healer  
 Address: 22833 Bothell Everett Hiway  
 Suite 102-1266  
 Bothell, WA 98021  
 Cell Phone: 425-770-5557  
 Home Phone: 425-481-9095  
 Email: [askcja333@yahoo.com](mailto:askcja333@yahoo.com)  
 Therapies: TFT, EFT, EMDR, TAT, Neurolink - Kinergetics  
 Specialization: Trauma - addictions - health education  
 Comments: Classes in TFT, EFT, Reiki

Name: **Joseph S Arnaudo, RAC**  
 Profession: Engineer  
 Address: 22833 Bothell Everett Hiway  
 Suite 102-1266  
 Bothell, WA 98021  
 Home Phone: 425-481-9095  
 Email: [askcja333@yahoo.com](mailto:askcja333@yahoo.com)

Therapies: Mariel, Silva Mind Control, Joray, TFT, HMR  
Specialization: Healing, trauma memory release  
Comments: I have been involved in energy work for over 25 years

Name: **Elizabeth Jo Blocker**  
Profession: Psychotherapist and Life and Wellness Coach  
Address: Malabia 2364  
1E Buenos Aires  
1425 Capital Federal Argentina  
Office Phone: 301-358-5157  
Email: [eebaugh@gmail.com](mailto:eebaugh@gmail.com)  
Therapies: Gestalt Therapy, Jungian Philosophy, and Marriage and Family Therapy combined with a variety of energy therapies, i.e. EMDR, Thought Field Therapy, TAPAS, EFT, Cranial Sacral, Somato Emotional Release, Chakra Balancing, Aromatherapy, Crystals, Guided Imagery, Shamanic Breath Work and Light Work Technology.  
Specialization: Transformational Energy Work for all issues related to your life journey.

Name: **Dorothy S Boghdan, LCSW**  
Profession: Clinical Social Work  
Address: PO Box 588, 4422 Route 27  
Kingston, NJ 08528-0588  
Office Phone: 609-497-4848  
Home Phone: 732-968-3312  
Email:  
Therapies: Traditional therapy as well as Thought Field Therapy, Emotional Freedom Technique, Tapas Acupressure Technique, EMDR, Neuro Emotional Technique, and Matrix Therapy.  
Specialization: NAET and BIO-SET trainings with Devi Nambudripad, D.C. and Ellen Cutler, D.C.  
Comments: I am a Reiki Master and have been trained in Mari-El.

Name: **Lee A Bowers, Ph.D.**  
Profession: Licensed Psychologist  
Address: 210 Tower Road  
Villanova, PA 19085  
Phone: 610-520-0443  
Email: [leebothers@comcast.net](mailto:leebothers@comcast.net)  
Therapies: Trained in NeuroModulation Technique (comprehensive and advanced levels), TFT/EFT, Holographic Repatterning, BSFF, TAT, EMDR, Reiki Master, Master Practitioner NLP, Certified Master Hypnotherapist, Healing From the Body Level Up, Advanced Healing, NET (and probably some others I've forgotten)  
Specialization: Board Certified Medical Psychologist with specialities in allergy elimination and pain management. Lee also works with clients experiencing anxiety, depression, trauma, and other life struggles, as well as those doing spiritual exploration.  
Website: [www.drleebothers.com](http://www.drleebothers.com)

Name: **Nina Bregman, Ph.D.**  
Profession: Certified Holistic Practitioner – Reiki Master  
Address: 638 Milverton Blvd.  
Toronto, Canada M4C 1X7  
Phone: 416-423-7831  
Email: [ninabregman@rogers.com](mailto:ninabregman@rogers.com)  
Therapies: Emotional Freedom Technique, Tapas Acupressure Technique, Be Set Free Fast, Seemorg, Reiki, Jin Shin Jyutsu, and many other sound, movement, and breathwork healing techniques.  
Specialization: Healing traumas that are held in the body/mind and resulting in chronic emotional and physical problem(s). Example symptoms are: chronic anxiety, depression, panic attacks, low self esteem, allergies, asthma, irritable bowel syndrome, chronic fatigue, fibromyalgia, arthritis, etc.  
Website: [www.beyondbelieftherapy.com](http://www.beyondbelieftherapy.com)

Name: **John Browning**  
Profession: Energy Therapy  
Address: 116 Spring Street  
Jonesborough, TN 37659  
Phone: 423-788-0029  
Email: [energybalancing@earthlink.net](mailto:energybalancing@earthlink.net)  
Therapies: Noetic Field Therapy, a form of Energy Therapy  
Specialization: OBJECTIVES: stress and anxiety reduction, feeling more peaceful, experiencing deep relaxation or bliss, perceptual clarity, greater joy and confidence, an expansive sense of well-being, greater enthusiasm and ease in daily living, improved energy and physical health, awaken you to your holiness and assist you toward the fulfillment of your spiritual promise.  
Energy therapy is an alternative medicine that can reduce your stress, restore your vitality, and renew your good health and spiritual happiness.  
Website: <http://energytherapy.net>

Name: **Pat Butler, MS**  
Profession: Life Coach  
Address: 110 Franklin Beach Road  
Saratoga Springs, NY 12866  
Phone: 518-321-4149  
Email: [energypsych@yaho.com](mailto:energypsych@yaho.com)  
Therapies: TFT, EFT, TAT, Restructuring, Past Life Trauma Release  
Specialization: Finding Meaning and Joy in Life, Goal Achieving, Past Lives, Holistic Health, Weight Releasing  
All can be done via phone.  
Comments: Pat's mission is to assist individuals in developing their greatest potential while living a life of joy.  
Member, Association for Comprehensive Energy Psychology  
Website: [www.joyforyounow.com](http://www.joyforyounow.com)

Name: **Asha Clinton, MSW, PhD**

Profession: Seemorg Matrix Psychotherapist  
Address: Seemorg LLC  
P.O. Box 494  
Canaan, NY 12029  
Practice Phone: 518-392-2566  
Office Phone: 518-392-1158  
Email: [info@seemorgmatrix.org](mailto:info@seemorgmatrix.org)  
Therapies: Seemorg Matrix Work, TFT, EDxTM, EFT, TAT, Jungian psychotherapy, NAET, EMDR, Reiki, Therapeutic Touch, MariEI, Sufi Healing, more  
Specialization As a therapist: Trauma, abuse, personality disorders, creativity, spirituality. As a trainer: I train people in Seemorg Matrix Work, the transpersonal, psychodynamic, body-centered energy psychotherapy.  
Comments: I am the developer of Seemorg Matrix Work, the newest of the energy psychotherapies. Seemorg Matrix Work clears trauma, but clears negative Core Beliefs, desires, fantasies, compulsions, obsessions, addictions, and dissociations as well. It clears personality disorders, and opens up spirituality.  
Website: [www.seemorg.com](http://www.seemorg.com)

Name: **Martha Crampton, Ph.D.**  
Profession: Psychologist/Psychotherapist  
Address: 215 West 88th Street, #6B  
New York, NY 10024  
Office Phone: 212-496-2285  
Home Phone: 212-496-2285  
Email: [mcrampton@earthlink.net](mailto:mcrampton@earthlink.net)  
Therapies: EFT, TAT, BSFF, TFT, EMDR, colored light therapy, energy healing  
Specialization Psychotherapy with individuals and couples; trauma; anxiety; depression; creative process.  
Comments: I integrate the Energy Field Therapies with a background in depth psychology (psychosynthesis and Jung), guided imagery work, and spirituality.

Name: **Laurie Day, LCSW-C**  
Profession: Clinical Social Work  
Address: 1940 NW Miller Road # F424  
Portland, OR 97229  
Phone: 503-296-6224  
Email: [laurie@laurieday.com](mailto:laurie@laurieday.com)  
Website: [www.laurieday.com](http://www.laurieday.com)  
Therapies: Past-Life Therapy, MariEL Healing, Reiki Healing, Gestalt Psychotherapy, Sound Therapy, Stress Management  
Specialization : Adults, adolescents and children, individuals and couples. The Energy and Spiritual Healings that I do are very effective long distance over the phone, as well as in-person.  
Comments: I am the Director of The Center for Positive Living.

Name: **Marilyn Deak, Ph.D.**  
Address: Carlsbad, CA 92009  
Email: [gedeon\\_deak@msn.com](mailto:gedeon_deak@msn.com)

Name: **Rev. Janet I Decker, C.Ht.**  
Profession: Clinical Hypnotherapist  
Address: P.O. Box 262  
Brooks, ME 04921-0262  
Office Phone: 207-722-4241  
Email: [jd@hypnotherapyservices.com](mailto:jd@hypnotherapyservices.com)  
Therapies: Hypnotherapy, Emotional Freedom Technique, BSFF, Spiritual Counseling  
Specialization Pain management, phobias, regression

Name: **Norma Feldman, MSW**  
Profession: Social Worker  
Address: 321 Old Cedar Road  
Hartsdale, NY 10530  
Office Phone: 914-761-4641  
Email: [nfeld@optonline.net](mailto:nfeld@optonline.net)  
Therapies: HBLU (Healing from the Body Level Up), EFT, TAT, BSFF, Enneagram, Reconnective Healing, hands-on energy healing, New Flames of Activated Divine Light.

Name: **Philip H Friedman, Ph.D.**  
Profession: Clinical Psychologist  
Address: P.O. Box 627  
Plymouth Meeting, PA 19462  
Office Phone: 610-828-4674  
Home Phone: 610-828-8439  
Email: [integrativehelp@comcast.net](mailto:integrativehelp@comcast.net) or [PhilF101@aol.com](mailto:PhilF101@aol.com)  
Therapies: Therapies: Thought Field Therapy, (TFT), the Emotional Freedom Technique (EFT), Be Set Free Fast (BSFF), TAT (Tapas Acupressure Technique); MATT (Miracle Acupressure Tapping Technique); NAEM (Negative Affect Erasing Technique); EMDR (Eye Movement Desensitization and Reprocessing); CART (Creating, Allowing, Receiving Technique); TASTE (Tap and Sodd Touch Energy); HEART (Healing And Release Technique); EDxTM (Energy Diagnostic  
  
Treatment Methods: TEST (Thought Energy Synchronization Therapy); Matrix Therapy (Level I), Remote Viewing, Certified Advanced Energy Healer, Certified Spiritual Coach, TIR (Traumatic Incident Reduction); VKD (Visual Kinesthetic Dissociation); ACIM (A Course In Miracles); NET (Neuroemotional Technique) ; HBLU (Healing from the

Body

Level Up); Reiki; (EH) Esoteric Healing; (1B) One Brain, Meditation, Yoga and (HYP) Hypnosis; : I am also trained in Holographic Repatterning (not a certified HR practitioner though) and training to be an Advanced Energy Healer (AEH) with Meredith Young-Sowers.

Specialization : Depression, anxiety, trauma, fear, guilt, hurt, anger, stress, pain, shame, low self-esteem, unforgiveness, career, relationship, individuals and family problems/conflicts, life transitions, coaching/mentoring, spiritual problems and issues, health and well being, peak performance, and success issues.

Comments: I teach courses, workshops and teleclasses on Integreative Energy and Spiritual Healing and Therapy. Email [integrativehelp@comcast.net](mailto:integrativehelp@comcast.net) for information. I founded and moderate the IAESPT Network (International Association for Energy and Spiritual Therapies), the ESPT email network for psychologists and the energyspirit! Email network for everyone. For IAESPT guidelines email [guidelines@wellbeingcoach.com](mailto:guidelines@wellbeingcoach.com)

Website: [www.integrativehelp.com](http://www.integrativehelp.com) or [www.philipfriedman.com](http://www.philipfriedman.com)

Name: **Fred P Gallo, Ph.D.**

Profession: Clinical Psychologist

Office: Psychological Services

40 Snyder Rd.

Hermitage, PA 16148

Office Phone: 724-346-3838

Home Phone: 724-475-2745

Email: [fgallo@energypsych.com](mailto:fgallo@energypsych.com)

Therapies: Advanced Energy Psychology: Energy Diagnostic and Treatment Methods (EDxTM), Negative Affect Erasing Method (NAEM), Energy Consciousness Therapy (ECT)

Specialization Trauma, Anxiety Disorders, Depression, Couples, Training and Development

Comments: Author of Energy Psychology (1998, 2005 CRC Press), Energy Diagnostic and Treatment Methods (2000, Norton), and Energy Tapping (2000, New Harbinger), The Neurophysics of Human Behavior (with Mark Furman) (2000 CRC Press), Energy Psychology in Psychotherapy (Ed) (Norton, 2002), and Energy Tapping for Trauma (2007, New Harbinger). He is also the originator of EDxTM, NAEM, HELP, and Energy Consciousness Therapy (ECT).

Website: [www.energypsych.com](http://www.energypsych.com)

Name: **Becky Grabski**

Profession: Psychic/Healer, Workshop Facilitator

Address: Asheville, NC

Office Phone: 828-545-0239

Email: [beckygrabski@yahoo.com](mailto:beckygrabski@yahoo.com) - if you wish to contact me through email,

please write in the subject line "I am ---, and I am contacting you for a reading" so I don't accidentally delete your email.

Therapies: Reiki, Seichim, tarot, psychometry, energy scanning, photograph analysis, meditation.

Specialization My specialties are helping people through major transformations and deep soul work. I have counseled people dying of AIDS, going through divorce, moving, changing lifestyles and finding deeper meanings for their lives. I don't tell my clients what to do or how to do it. I do help them understand the energy currents and patterns in their lives, which helps them feel a deeper sense of peace, and motivates them to move forward and make better, more informed decisions. My goal is to offer a greater feeling of connection within, and practical tools and suggestions to take home and use.

Comments: Becky Grabski has studied spirituality, meditation, intuition, metaphysics, and healing since she was a teenager. She has attended hundreds of classes, workshops and events, learning specialized techniques in meditation, breath work, light work, chakra balancing, aura scanning and cleansing, guides and angels, psychometry, tarot, energy healing (including but not limited to Reiki, Seichim, Light Therapy and Holographic Memory Resolution) and long distance healing from many well respected teachers and experts all across the United States and India. She is a Reiki Master, Seichim Master and studied psychic development at the Association for Research and Enlightenment and Experiential Astrology for several years. For over a decade, Becky has been a professional psychic/healer and taught classes and workshops in psychic development, meditation and spirituality, and healing in New York, Maryland, Washington, DC, Virginia, Minnesota, and North Carolina.

Name: **Margaret Hartmann, LCSW**  
Profession: Social Worker  
Office: 5 Blades Run  
Shrewsbury, NJ 07702  
Home Phone: 732-530-2926  
Email: [margyhart1@hotmail.com](mailto:margyhart1@hotmail.com)  
Therapies: Seemorg Matrix Work  
Specialization Individual therapy

Name: **Crystal Hawk, MEd**  
Office: 360 Bloor St. East #405  
Toronoto, Canada m4w 3m3  
Phone: 416-922-4325  
Email: [crystal.hawk@sympatico.ca](mailto:crystal.hawk@sympatico.ca)  
Therapies: Therapeutic Touch, EFT, TAT, TFT and Imagery  
Specialization  
Website: <http://www.therapeutictouch.com>



Name: **Stephen Holland, PhD**  
Profession: Transformational Life Coach Astrologist  
Address: 21 Junction Rd.  
Dillsburg, PA 17019  
Office Phone: 717-512-8185  
Email: [Steveholland33@msn.com](mailto:Steveholland33@msn.com)  
Therapies: Family systems, gestalt, Jungian, EMDR, astrology, ipsalu, tantra kriya yoga  
Specialization: Crisis optimization/transformation. Life purpose/direction.  
Couples sexual.  
Website: [www.Steve-holland.com](http://www.Steve-holland.com)

Name: **Jane D. Holmes, Ph.D., L.P.C.**  
Profession: Licensed Professional Counselor  
Address: 3047 Lenox Rd., NE, #1108  
Atlanta, GA 30324  
Office Phone: 404-231-9568  
Home Phone: 404-261-4231  
Email: [janehr@juno.com](mailto:janehr@juno.com) or [janedh@bellsouth.net](mailto:janedh@bellsouth.net)  
Therapies: TFTdx, EFT, BSFF, TAT, Seemorg Matrix, Whole Hearted Healing, and Traditional Psychodynamic Therapy (my original training).  
Specialization: Individual adults experiencing fears, phobias, and anxiety; grief, and after effects or trauma.  
Comments: I have been practicing energy psychology techniques since 1996 when I trained with the originator of TFT, Dr. Roger Callahan. I continue to learn new energy psychology techniques so that I may choose the treatment methods that are most effective with each individual person.

Name: **Richard I Jontry, Ph.D., MAC, CAC Dipl**  
Profession: Psychologist  
Office: 7 Hilloch Lane  
Chadds Ford, PA 19317  
Office Phone: 610-361-0108  
Email: [drj@drjontry.com](mailto:drj@drjontry.com)  
Therapies: NLP, EFT, BSFF, TAT, Reiki, Jungian orientation  
Specialization: Individuals, Couples, Families; Mid-Life Issues (menopause, changes in sexual desire); Addictions; Spiritual Concerns  
Comments: I also do training and consultation in Addictions, Relationships, Counseling and Shadow Work.  
Website: <http://www.drjontry.com>

Name: **Robert Levin, MD**  
Profession: Psychiatrist  
Address: PO Box 1117  
Carmel, CA 93923-8238  
Phone: 831-601-5771  
Email: [levinbob@hotmail.com](mailto:levinbob@hotmail.com)  
Therapies: EMDR, BSFF, EFT, TAT  
Specialization: Anxiety disorders

Name: **Lorna Levy, RScP**  
Profession: Professional Alignment Coach specializing in Law of Attraction Coaching  
Address: 1015 S. 46<sup>th</sup> Street  
Philadelphia, PA 19143  
Phone: 215-222-3149  
Email: energyteacher (at) yahoo.com  
Therapies: EFT – Emotional Freedom Technique, TFT – Thought Field Therapy, NLP – Neurolinguistic Programming, EFH – Emotional Freedom and Healing, Guided imagery and visualization, Spiritual mind affirmative prayer, Regression therapy, Intention and Alignment.  
Specialization: Guiding you to align your thoughts and feelings with your desires to have the life you want. I specialize in moving ‘stuck’ energy and releasing limiting beliefs with EFT.  
Comments: Free newsletter, teleclasses, teaching Law of Attraction  
Website: <http://www.transform-u.com> and <http://lawofattraction.wordpress.com>

Name: **Debi Lewis**  
Profession: Wholistic Wellness Consultant  
Address: 1410 Laurel Street  
Kearney, MO 64060  
Phone: 816-792-8127  
Email: [debilewis@hotmail.com](mailto:debilewis@hotmail.com)  
Therapies: Emotional Freedom Technique, Tapas Acupressure Technique, Be Set Free Fast, Reiki, Herbalism, Flower Essence Practitioner  
Specialization: Childhood abuse survivors, addictions, relationship enhancement, self esteem issues, post traumatic stress disorder

Name: **Lucrezia Mangione**  
Profession: Bio-Energy Therapist, Bodyworker and Instructor  
Address: 229 Main Street  
Suite 2C  
Vergennes, VT 05491  
Office Phone: 802-578-3700  
Email: [hhservice@handcraftedhealth.net](mailto:hhservice@handcraftedhealth.net)  
Therapies: Healing Touch, Regression Therapy, Health Coaching, Energy Medicine methods, Shiatsu  
Specialization: Care for the caregivers: Medical and health professionals, bodywork therapists, social workers, counselors, parents and those who care for others.  
Comments: I see clients in Vermont, Pennsylvania and DC. Telephone appointments available.

Name: **Deb McComas,**  
Profession: CranioSacral Therapist  
Address: 96 Cherry Lane  
Doylestown, PA 18901  
Phone: 215-345-1291

Email: [Hawkdancing@aol.com](mailto:Hawkdancing@aol.com)  
Therapies: CranioSacral Therapy, Frequency Balancing, Matrix Work (Certified, Level 3), Allergy Antidotes, Reiki, AuraSoma, Sounds and tones, Reiki Master.  
Specialization Pain relief, healing and wellness

Name: **Jane R. McGoldrick, Psy.D.**  
Profession: Licensed psychologist, National Certified Counselor, Writer, Speaker  
Address: PO Box 3777  
Corrales, NM 87048  
Cell Phone: 240-988-5948  
Email: [jane@docmcg.com](mailto:jane@docmcg.com)  
Therapies: Holistic psychotherapy, EMDR, hypnosis, DNMS (Developmental Needs Meeting Strategy), coreSomatics, Reiki, bio-energy (Mietek Wirkus), Teleios Technique (Dr. Jim Cox)  
Specialization Clinical psychologist; Special interests: trauma recovery through holistic approaches; personal and spiritual growth and development; Native American healing traditions; homeopathic medicine

Name: **Maxine McDonald, LCSW-R, CASAC**  
Profession: Social Work  
Office #1: 16 N. Goodman St., Suite 215  
Rochester, NY 14607  
Office #2 Ontario, NY 14519  
Office Phone: 585-330-8891  
Email: [maxmc@rochester.rr.com](mailto:maxmc@rochester.rr.com)  
Therapies: EFT, TAT, Allergy Antidotes, hypnotherapy, Energy Medicine, Cognitive-Behavioral Therapy  
Specialization Addictions and related areas, stress management, couples therapy, anxiety, and women's issues  
Comments: I take most insurances and also have a sliding scale fee for those that don't have insurance. I welcome gay community.  
Website: [www.MaxineMcDonald.com](http://www.MaxineMcDonald.com)

Name: **Paula Muran**  
Profession: Medical Intuitive/Empath, Teacher, Healer  
Phone only Roswell, Georgia  
Office Phone: 866-231-0023 (toll free)  
Email: [paulam@paulamuran.com](mailto:paulam@paulamuran.com) or [sovereignlight@yahoo.com](mailto:sovereignlight@yahoo.com)  
Therapies: Massage, acupuncture, chiro, cranial/sacral  
Specialization Paula is an expert at reading energy and specializes in locating buried subconscious patterns that often sabotage our lives, causing illness and injury in the body. She focuses on incorporating the 'whole' system: physical, emotional, mental and spiritual bodies. The outcome of her work is realizing the True divine self!

She also developed Sovereign Light Crystal Elixirs that release limiting belief patterns in the body's memory and Vibrational Sprays:

Aromatherapy With A Twist Of Energy! Sprays that clear negative energy especially energy expelled from limiting patterns and thoughts.

Comments: Phone sessions only, work with people all around the world.

Website: [www.SovereignLight.com](http://www.SovereignLight.com)

Name: **Gregory Nicosia, Ph.D.**

Profession: Psychologist

Office: 4927 Centre Ave  
Pittsburgh, PA 15213

Office Phone: 412-683-8378

Home Phone: 412-322-2569

Email: [No1HedDoc@aol.com](mailto:No1HedDoc@aol.com)

Therapies: T.E.S.T., TFT, EMDR, Hypnosis, Biofeedback

Specialization Trauma, ADHD, learning disabilities, head injury

Comments: T.E.S.T. (TFT) consultations by appointment

Name: **Kathy Oddenino, RN, BS**

Office: 241 Log Barn Acres Road  
Pittsboro, NC 27312

Office Phone: 919-545-9937

Email: [joypub@aol.com](mailto:joypub@aol.com)

Therapies: Kathy Oddenino Basic Healing Therapies; Spiritual Tutoring; Neural Depolarization

Specialization Health and healing of whole person using internal approach.  
Philosophy, The Science of Life.

Comments: Author – 7 books – defining our spiritual consciousness. Teach – seminars and retreats.

Website: [www.kathyoddenino.com](http://www.kathyoddenino.com)

Name: **Elva Pepper, LCSW-C**

Profession: Clinical Social Worker

Address: 246 Crosslands Drive  
Kennett Square, PA 19348

Phone: (610) 388-2732

Email: [elva.pepper@verizon.net](mailto:elva.pepper@verizon.net)

Therapies: Cognitive, Psychodynamic, EMDR, EFT

Specialization Griefwork. Older adults

Name: **Duffy Poindexter**

Profession: Intuitive Healer, Spiritual Director

Address: 3821 Sandy Lane  
Florence, SC 29501

Phone: 240-643-1007

Email: [aprayinbear@juno.com](mailto:aprayinbear@juno.com)

Therapies: Earth based spirituality, Reiki, Meditation, Intuitive healing, Prayer

Specialization Abuse, spiritual growth, family issues, physical illness

Name: **Sandi Radomski, N.D., LCSW**

Profession: Psychotherapist and Naturopath

Address: PO Box 237  
Ocean City, NJ 08226  
Phone: 215-356-3478  
Email: [sandiradom@aol.com](mailto:sandiradom@aol.com)  
Therapies: Allergy Antidotes, EFT, TFT Dx, TAT, EDXTM, BSFF, HR, Educational  
Kinesiology, NAET, NET, TBM  
Specialization Allergy treatment, Autism treatment  
Comments: Author: Allergy Antidotes: The Energy Psychology Treatment of  
Allergy-Like Reactions.  
Website: [www.AllergyAntidotes.com](http://www.AllergyAntidotes.com)

Name: **Stephanie Rothman, CH-ET**  
Profession: Hypnotherapist/Energy Therapist/Reiki  
Address Fremont, CA  
Office Phone: 510-870-0618  
Email: [Stephanie@lets-talk.com](mailto:Stephanie@lets-talk.com)  
Therapies: Rapid Transformational Hypnotherapy, EFT, BSFF, WLH, MMT, H-ET,  
PET, Reiki  
Specialization Smoking Cessation, Phobias, Stress Relief  
Comments: As the "Hands-On Hypnotherapist," I combine many different modalities  
for healing which is quite often done on a massage table. This is a  
wonderfully peaceful and transformative experience for my clients. I  
also like to teach my clients techniques to empower them. My agenda  
is to help my clients achieve their healing goals the fastest and least  
painful way possible. I look forward to talking with you.  
Website: [www.lets-talk.com](http://www.lets-talk.com)

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Therapies: Feng Shui - also selling wonderful product called Miracle Soap which is  
a condensed liquid that is very gentle, biodegradable, good for skin,  
hair, etc., great for kids, pets (no harm even if swallowed and no  
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Specialization Dis-ease of the Body, Mind, and/or Spirit in its various manifestations, e.g.:Substance Addictions, food, tobacco, and alcohol); Trauma (sexual abuse, childhood abuse, PTSD); Physical diseases including Cancer, HBP, etc.; Learning Disabilities including ADD/ADHD; Self-Esteem/Confidence Issues; Motivation; Enhanced Performance in Areas of Interest, (Academics, Sports, Career); Increasing Wellness and Well-being  
Comments: I look forward to being your guide and partner in your quest for Self-Mastery and to Achieve Your Dreams.  
Website: [www.soulfulenergetics.com](http://www.soulfulenergetics.com)

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Specialization Depression, anxiety, eating disorders, substance abuse, personal growth  
Comments: Focus in therapy is using natural human energy for healing

Name: **Sharon Cass Toole, Ph.D.**  
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Therapies: Thought Field Therapy (TFT), Emotional Freedom Technique (EFT), Be Set Free Fast (BSFF), Integrative States Therapy (iSt), Complex Instant, Allergy Antidotes (trained by Sandi Radomski), Jaffee-Mellor Techniques (JMT), NeuroModulation Technique (NMT), Metabolic Applications of NAET, resonance tuner, Holographic Repatterning, Holographic Memory Resolution, Reiki, and Healing Touch  
Specialization: Depression, bipolar disorder, anxiety, phobias, chronic pain, medical problems, smoking cessation, substance abuse, trauma resolution, allergies, eating disorders, obsessive-compulsive disorder, chronic fatigue, fibromyalgia.  
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Therapies: Hypnotherapy, EFT, Handwriting Consultations  
Specialization: Medical applications of hypnotherapy and energy modalities; panic/anxiety; developing/deepening spiritual connections  
Comments: Signature Technique: "Essential Healing", i.e., dialoguing with the part of the subconscious in charge of an illness, condition, phobia, behavior, attitude.

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ETN, Debby Vajda, LCSW and Shawn Adler are not responsible for any errors or misrepresentations, if any appear in this directory.