

# Energy Therapy Network of The Mid-Atlantic States

## Membership Directory 05/15/09

### Virginia

To read descriptions of each individual, please scroll down past the geographic listing.

#### *Virginia ETN Members by City*

Alexandria	Dianne Eppler Adams	
Alexandria	Betty Brody	
Alexandria	Diane Farhat	
Alexandria	Anthony Frato	
Alexandria	Martha Harris	
Alexandria	Jennifer Krajewski	
Alexandria	Donna Kris	
Alexandria	Mimi Malfitano	
Alexandria	Marilyn O'Leary	
Alexandria	Bill Reddy	
Alexandria	Luanne Ruona	
Alexandria	Lori Rock	
Alexandria	Evelin Saxinger	
Alexandria	Deborah Stokes	
Alexandria	Lynn Turner	
Annandale	George James	
Annandale	Cathy Raymond	
Arlington	Kathe Ana	
Arlington	Ty Clevenger	
Arlington	Lisa Howard-Grabman	
Arlington	Johnny Henderson	
Arlington	Tom Langan	
Arlington	Robert Maldonado	
Arlington	Dee Oldham	
Arlington	William Oldham	
Arlington	Marilyn Stickle	
Ashburn	Bernadette O'Donnell	
Ashburn	Sylva Wysocki	
Berryville	Catherine Young	
Blacksburg	Cathye Griffin Betzel	
Burke	Michele Porzel	
Charlottesville	Janet Dix	
Colonial Beach	Gloria Sharp	
Fairfax	Joëlle Brucher	
Fairfax	Margaret Gennaro	

Fairfax	Andrea Kraft	
Fairfax	Georgia LaCroix	
Fairfax Station	Lana Vegosen	
Fairfield	Mary Lynn Lipscomb	
Falls Church	Marie Allizon	
Falls Church	Myriam Bourdin	
Falls Church	Catherine Brown	
Falls Church	Gerri Goodwin	
Falls Church	Leslie Yager	
Fredericksburg	Ron Ball	
Fredericksburg	Kathryn Cray	
Fredericksburg	Carol Fitzpatrick	
Fredericksburg	Bonnie Jean Griffith	
Front Royal	Carol Colacurcio	
Glen Allen	Vickie Griffith	
Glen Allen	Bruce Bartek	
Great Falls	Shawn Adler	
Hampton	Beverly Levinson	
Hardy	Julie Keith	
Herndon	Mary Bonnet	
Herndon	Stacie Clark	
Herndon	Shana Spiegel	
Herndon	Maureen McCracken	
Leesburg	Marlies Lersch	
Luray	Hugo Elfinstone	
Manassas	Kathy Adams	
Manassas	Heidi Friedman	
Manassas	Nancy Hart	
McLean	Jan Steele	
McLean	Dan Strelsky	
Monterey	Annette Naber	
Norfolk	Angela Graciani	
Palmyra	Cynthia J. Brown	
Portsmouth	Mary Curro	
Potomac Falls	Olga Rasmussen	
Reston	Joanne Aaronson	
Reston	Stuart Heller	
Reston	Gretchen Horst	
Reston	Claire Laurenza	
Reston	Mary Morreale	
Richmond	Deny Clark (Brown)	
Richmond	Bill Millard	
Richmond	Tres Shaffer	
Roanoke	Jackie Claxton	
Rockville	Tamara Reitz	

Springfield	Miriam Birmiel	
Springfield	Marlene Schmidt	
Stephens City	Cathy Embrey	
Sterling	Rose Rosetree	
Vienna	Mary Branch Grove	
Vienna	Mary Ruth Van Landingham	
Virginia Beach	Robert Fears	
Virginia Beach	Elizabeth Kosnik	
Virginia Beach	Iris Lee	
Virginia Beach	Helen McCollum	
Warrenton	Judy Lamana	
Winchester	David Adams	
Winchester	Geoff Byrd	

### ***Individual Descriptions***

- Name: **Joanne Aaronson**  
Profession: Intuitive Life Coach/Reiki Practitioner, Speaker, Author  
Address: 11490 Waterhaven Court  
Reston, VA 20190  
Home Phone: 703-624-0130  
Email: [Life\\_transformations@verizon.net](mailto:Life_transformations@verizon.net)  
Therapies: Reiki, reading energy via auras, intuitive technologies, past or present life energies  
Specialization Intuitive healing, creativity and life changes, decision making. Joanne holds certifications in intuitive development from the ARE's Institute for Intuitive Studies (EIS). She has an interesting combination of corporate experience combined with her intuitive work to aide the individual for self empowerment whether for relationships, career advancement or creating the ideal financial situation. Her latest workshop is called Enlightened Leadership to empower corporate leaders to create their ideal organization.
- Comments:  
Website: [www.empowerchangenow.com](http://www.empowerchangenow.com)
- Name: **David Adams, L.P.C.**  
Profession: Licensed Professional Counselor  
Address: 1014 Amherst St  
Winchester, VA 22601  
Office Phone: 540- 536-8696  
Home Phone: 540-869-6082  
Email: [dadam@valleyhealthlink.com](mailto:dadam@valleyhealthlink.com) or [DAVID@SHENTEL.NET](mailto:DAVID@SHENTEL.NET)  
Therapies: SOMATIC EXPERIENCING, EFT, NLP  
Specialization Traumatic Stress  
Comments: David specializes in working with the wide-ranging impact of traumatic and cumulative life stress. He aims to help individuals enhance their own natural resiliency and deepen their capacity to experience pleasure

in relation to self, others, and the surrounding world.

Name: **Dianne Eppler Adams, ISAR-CAP**  
Profession: Certified Astrological Professional  
Address: 501 Slaters Lane #422  
Alexandria, VA 22314  
Phone: 703-548-4552  
Email: [SpiritinMatters@aol.com](mailto:SpiritinMatters@aol.com)  
Therapies: Life-affirming astrological consultations offered in personal or by phone. Dianne combines an in-depth astrological knowledge with a keen intuition and loving spirit to provide personal growth, relationship and career guidance. If you seek a new perspective on your life, you may be surprised by the insight gained through the lens of astrology.  
Comments: Having studied various metaphysical teaching from A Course in Miracles to the writings of Alice Bailey for over 25 years, Dianne is passionate about viewing all of life as spiritual and thus realizing the sacred in everyday life.  
Website: [www.SpiritinMatters.com](http://www.SpiritinMatters.com)

Name: **Kathy Adams, B.A.**  
Address: 10711 Pineview Road  
Manassas, VA 20111  
Office Phone: 703-402-9551  
Home Phone: 703-368-7546  
Email: [seasonsofgrace@verizon.net](mailto:seasonsofgrace@verizon.net)  
Therapies: Reiki, polarity therapy, reflexology  
Specialization: Energy balancing, intuitive healing, life change counseling, especially with the seriously ill.  
Comments: Hablo espanol. My specialty is supporting spiritual and emotional growth during and after life-changing or life-threatening events.

Name: **Shawn Adler**  
Profession: Kinesiologist, Reiki Master, Director of a non-profit Foundation, Real Estate  
Address: 800 Lake Windermere Ct.  
Great Falls, Virginia 22066  
Email: [shawn@ffbh.org](mailto:shawn@ffbh.org)  
Therapies: Reiki, Energy Kinesiology (TFHK, PKP, AP, & Kinergetics)  
Specialization: Life Issues, Physical and Emotional Issues & Dyslexia  
Comments: Please visit [www.FFBH.org](http://www.FFBH.org) for more information about me and our non-profit Foundation. We also have an online crystal store to raise money for our Foundation. Visit our online crystal shop at [www.HealingCrystals.com](http://www.HealingCrystals.com)

Name: **Marie Allizon**  
Profession: Deep tissue massage and Biosync  
Address: 7419 Lisle Avenue  
Falls Church, VA 22043  
Home Phone: 703-847-6147

Email: [kalumet@4Dshift.com](mailto:kalumet@4Dshift.com)  
Therapies: Essential oils from Quebec (from Alchemist Mikael Zayat)  
Specialization: Essential oils, deep tissue massage, Biosync removes trauma from connective tissue.

Name: **Kathe Ana, L.Ac.**  
Profession: Licensed Acupuncturist  
Address: Heavenly Bodies Clinic  
1305 N. Evergreen Street  
Arlington, VA 22205  
Office Phone: 703-528-8272  
Email: [katheana@verizon.net](mailto:katheana@verizon.net)  
Therapies: Traditional Chinese Medicine; Neuromodulation Technique (NMT); Jaffe-Mellor Technique (JMT); Emotional Freedom Technique (EFT)  
Specialization: Acute and chronic disease processes; weight loss; meridian exercise  
Comments: Heavenly Bodies Clinic has a very successful weight loss program using bio-energetic medicine, acupuncture, and meridian exercise therapy. Patients with as few as 10 pounds loss and as much as 110 pounds have successfully lost, and maintained the weight loss over years.

Name: **Ron Ball, EFT-CC, EFT-ADV**  
Company: Inroads, LLC  
Profession: Speaker, trainer, consultant  
Address: P.O. Box 357  
Fredericksburg, VA 22404-0357  
Office Phone: (800) 930-7434 or (540) 972-2279  
Email: [ronball@inroads.cc](mailto:ronball@inroads.cc) or [reb@eftblog.com](mailto:reb@eftblog.com)  
Therapies: EFT  
Specialization: Stress  
Comments: We teach individuals and organizations to use EFT as a self-development tool to create positive results at work, in play and everyday life. Our specialty is stress. We also do teleclasses, seminars and workshops. Use EFT to remove limits on being who you want to be and choosing how you want to feel. Visit our blog online, the EFTzone, for a wealth of information and resources on EFT. We also publish books on EFT.  
Website: [www.eustress.net](http://www.eustress.net), [www.stress-sucks.com](http://www.stress-sucks.com), [www.EFTzone](http://www.EFTzone) and [www.fayf.com](http://www.fayf.com)

Name: **Bruce Bartek**  
Profession: Educational Researcher  
Address: 9029 Arthur Court  
Glen Allen, VA 23060  
Office Phone: 804-532-5879  
Home Phone: 804-270-5587  
Email: [bbartek@comcast.net](mailto:bbartek@comcast.net)  
Therapies: EFT  
Comments: My interest in EFT is for achieving greater levels of performance in all

areas of my life and sharing the methods with others who have a similar desire to transform their lives. Along that line, I work at a community college where many of our students face multiple obstacles to accomplishing their academic goals. I feel EFT can be a valuable tool to our students for improving academic performance as well as helping in other areas of their lives. I would be interested in communicating with others who use EFT for greater academic performance and goal achievements.

Name: **Cathye Griffin Betzel, Psy.D.**  
Profession: Licensed Clinical Psychologist  
Office: Cook Counseling Center  
240 McComas Hall, Virginia Tech  
Blacksburg, VA 24061-0108  
Office Phone: 540-231-6557  
Email: [cbetzel@vt.edu](mailto:cbetzel@vt.edu)  
Therapies: EFT is the predominant energy therapy that I use. Other psychotherapeutic modalities include cognitive-behavioral and family systems approaches.  
Specialization Psychological assessment, Anxiety, Women's issues, Couples

Name: **Miriam Birmiel, MSN, APRN-BC, CFNP**  
Profession: Family Nurse Practitioner  
Address: 9112 Blarney Stone Drive  
Springfield, VA 22152  
Home Phone: 703-866-0342  
Email: [miriamsue1@aol.com](mailto:miriamsue1@aol.com)  
Therapies: Healing Touch Practitioner  
Specialization Family Nurse Practitioner; Healing Touch

Name: **Mary Bonnet, M.Ed., CEC, CHt, EFT-ADV**  
Profession: Certified Energy Coach and Hypnotherapist  
Address: 13009 Worldgate Drive  
Herndon, VA 20170  
Phone: 703-582-8719  
Email: [Bonnetjc@adelphia.net](mailto:Bonnetjc@adelphia.net) or [info@BonnetUnlimitedPotential.com](mailto:info@BonnetUnlimitedPotential.com)  
Therapies: Hypnosis, EFT, NLP, TAT, BSFF, Complex Instant, AllergyAntidotes, Coaching, Reiki, Reconnective Healing, Young Living Essential Oils, Nikken  
Specialization Reduce and manage stress, fears (of flying, test taking, public speaking, of success & failure, etc.) and chronic illness symptoms (fibromyalgia, irritable bowel syndrome, diabetes); change habits (smoking, overeating, etc.); build self-esteem and self confidence; set and achieve goals.  
Comments: Helping others resolve their issues, improve their outlook, and change their lives. Conduct individual (in person or by phone) and group sessions (in person, or by teleseminars), workshops in public or corporate settings. Free 15 minute phone consultation available.  
Website: [www.BonnetUnlimitedPotential.com](http://www.BonnetUnlimitedPotential.com)

Name: **Myriam Bourdin, OM, CHMRP**  
Profession: Healing Facilitator/Water Healer  
Address: 7712 Lisle Avenue  
Falls Church, VA 22043  
Cell Phone: 703-772-1869  
Home Phone: 703-356-1947  
Email: [Dragonstar13@earthlink.net](mailto:Dragonstar13@earthlink.net)  
Therapies: Energy work, Holographic Memory Resolution. (HMR); Long distance healing for both humans and animals, Quantum healing.  
Specialization Transmutation of any trauma/pain that occurs in this life time as well as in past lives.  
The realignment of the bones.  
Healing of the Waters of the planet and of our body.  
Comments: HMR. week-end intensive available  
I work under the guidance of the Star Dolphins (Sirians), the Archangel Michael, Ahstar, the Ascended Masters and the Healers of the 7th Dimension and above. The Star children have joined me as well.  
Website: [www.MyriamEnergy.com](http://www.MyriamEnergy.com)

Name: **Betty Brody, RN, BSN**  
Profession: Healer/Teacher  
Address: 9215 Volunteer Drive  
Alexandria, VA 22309  
Phone: 703-360-3370  
Email: [bettybrody@verizon.net](mailto:bettybrody@verizon.net)  
Therapies: Reiki (Usui Shiki Ryoho), Rei Ki Jin Ki Do Master, Buddho Enersense Level III (I teach Levels I and II)  
Comments: Especially interested in Hospice work

Name: **Catherine B Brown, LCSW**  
Address: McLean, VA  
Email: [candwbrown@verizon.net](mailto:candwbrown@verizon.net)

Name: **Cynthia J. Brown, DNS, RN**  
Profession: Nursing  
Address: Palmyra Virginia 22963  
Phone: 434-760-3543  
Email: [caringforself@aol.com](mailto:caringforself@aol.com)  
Therapies: Reiki, Interactive Guided Imagery, Holistic Health Promotion and Lifestyle Motivation  
Specialization Caring for Self through Positive Energy  
Comments My website and business are coming soon!

Name: **Joëlle Brucher**  
Profession: Feng shui consultant  
Address: P.O. Box 424  
Fairfax, VA 22038  
Office Phone: 703-425-8038

Cell Phone: 703-887-8381  
Email: [joelle@kurveelements.com](mailto:joelle@kurveelements.com)  
Therapies: Traditional Feng Shui for today's environments.  
Specialization: Residential, commercial, children's spaces.  
Comments: Restore and optimize wellbeing, personal potentials and abundance by attuning living and working environments to the nourishing influences of Nature. A branch of Traditional Chinese Medicine, Feng Shui looks at proper ergonomics, room distribution, material/color/décor selection, and outdoor design to create balanced and beautiful spaces. The personal energy requirements of the occupants (or coworkers) are integrated with the energy of the place. Please visit my website for details or email for personal inquiries. Also available for fun and informative Feng Shui classes.  
Website: [www.kurveelements.com](http://www.kurveelements.com)

Name: **Geoff Byrd, LPC**  
Profession: Mental Health Counselor, Certified Matrix Energetics Practitioner  
Address: 108 West Clifford Street  
Winchester, VA 22601  
Office Phone: 540-665-1848  
Home Phone: 540-678-8530  
Email: [FlyingPuer@aol.com](mailto:FlyingPuer@aol.com) or [geoffbyrd@aol.com](mailto:geoffbyrd@aol.com)  
Therapies: Healing Therapy, Teleios, TFT, EMT, TEST, Matrix Energetics, Infrasonic.  
Specialization: Jungian, Imago Relationship, Yin for Men, Relationship as Spiritual Path.  
Comments: Spiritual Cinema Circle; Dreams, Myth and Spiritual Awakening; Meditation Circle  
Website: [WWW.CGJungCenter.com](http://WWW.CGJungCenter.com)

Name: **Deny Clark**  
Profession: Energy Medicine, Women's Health Nurse Practitioner  
Address: 2201 Nelson Street  
Richmond, VA 23228  
Phone: 804-262-6721  
Email: [Deny@denyenergy.com](mailto:Deny@denyenergy.com)  
Therapies: Energy Healing and Sound Therapy  
Comments: Deny has a private energy practice -Energy Works (1995-present). Her background is nursing & includes 18 years in Women's Health as a nurse practitioner. She holds Certification in & has served on the faculty of two international energy healing programs. Since 1996 she has taught energy healing to health care professionals as well as interested lay persons. She has developed two clinics that provide energy based services to the Richmond Community (1999 & 2001) and currently supervises the clinic offered at the Massey Cancer Center at Stony Point. Her study of energy therapy is ongoing & her expertise includes pain management, surgery support, collaborative therapy with mental health professionals and spiritual growth work. Since 1/05 she has incorporated Tuning Fork Sound Therapy into her practice. She is a



frequent presenter at conferences to a varied range of audiences.

Website: [www.denyenergy.com](http://www.denyenergy.com)

Name: **Stacie Clark**

Profession: Neurofeedback Trainer

Address: 489 Carlisle Drive, Suite A  
Herndon, VA 20170

Office Phone: 703-707-0125

Home Phone: 703-758-0596

Email: [Stacie@TheBrainHaven.com](mailto:Stacie@TheBrainHaven.com)

Therapies: Neurofeedback training (eeg biofeedback also known as brainwave training)

Specialization Sleep normalization (including remembering dreams), anxiety reduction, mood stabilization, reduction or elimination of symptoms associated with ADD/ADHD, improvements in memory/focus and reduction of headaches/migraines. The symptoms associated with chronic fatigue and fibromyalgia can also be significantly impacted by Neurofeedback training.

Comments Neurofeedback training enhances central nervous system self regulation (decreases chronic over or under arousal and instability), increases left-right brain communication, increases brainwave synchrony across the whole brain and increases a person's ability to feel "present" without emotional discomfort. Neurofeedback training breaks unhealthy brain wave patterns allowing the brain to heal itself and establish healthy brain wave patterns.

Website: [www.TheBrainHaven.com](http://www.TheBrainHaven.com)

Name: **Jackie C. Claxton, MT (ASCP), LCSW**

Address: 5213 Crystal Creek Drive  
Roanoke, VA 24018

Office Phone: 540-989-0315

Home Phone: 540-774-1292

Therapies: NMT, JMT Level III certified; (certified) EFT; JMT Allergy Elimination; Holistic Psychotherapist; Reiki

Specialization Pain management and relief from a Holistic perspective

Name: **Ty Clevenger**

Profession Attorney

Address: 1111 Army Navy Dr. #924  
Arlington, Va. 22202

Office Phone: 202-577-8606

Email: [tyclevenger@yahoo.com](mailto:tyclevenger@yahoo.com)

Therapies: EFT, TAT

Name: **Carol Colacurcio, B.S. in Music**

Profession: Musician, (piano teacher), sound practitioner, educator

Address: Sound Accord  
115 Mountain Top Rd.  
Front Royal, VA 22630

Phone: 301-908-5297  
Email: [cbatesj@aol.com](mailto:cbatesj@aol.com)  
Therapies: Sound work with individuals, groups as well as training professionals, hospice, caregivers, social workers, therapists in the use of sound/music as therapeutic application for clients.  
Specialization Sound work – training professionals; staff, hospice, caregivers, social workers, therapists in the use of sound/music as a tool for their clients.  
Comments: Benefits of Music and Sound: releases tensions, safe way to let go of emotions and difficult feelings, stimulates images, memories, aids intuitive energy flow, balances rhythms of the body – music as medicine.  
Website: [www.griefworks.com](http://www.griefworks.com) or [www.cdbaby.com](http://www.cdbaby.com) (under Tibetan Singing Bowls or under Carol Colacurcio)

Name: **Kathryn Cray, LCSW**  
Profession: Clinical Social Worker  
Address: 1802 Augustine Ave  
Fredericksburg, VA 22401  
Office Phone: 540-310-4070 FAX: 540-310-4072  
E-mail: [Kcray@crosslink.net](mailto:Kcray@crosslink.net)  
Therapies: EMDR, Reiki, Healing Touch, various forms of TFT, EFT, etc.  
Specialization Trauma, dissociation, spirituality, women's issues  
Comments: Provide under the name "Natural Healings", spiritual retreats that focus on the mind, body and spirit connection.

Name: **Mary Curro**  
Address: The Sane Asylum  
501 Florida Avenue  
Portsmouth, VA 23707  
Phone: 757-393-7999  
E-mail: [hypnomary@cox.net](mailto:hypnomary@cox.net)  
Therapies: EFT, Reiki, Touch for Health, Ch'ua Ka, Yoga, Reflexology  
Specialization Hypnosis, massage, visual imagery, meditation – stress reduction, weight control, smoking cessation, pain control, confidence.

Name: **Janet Dix, P.A.-C.**  
Profession: Physician Assistant  
Address: 923 Saint Clair Ave.  
Charlottesville, VA 22901  
Home Phone: 434-979-3242  
Email: [jandx@ntelos.net](mailto:jandx@ntelos.net)  
Therapies: Healing Touch  
Comments: Also available to do information searches in the medical library, Medline and Internet.

Name: **Hugo Elfinstone**  
Profession: Therapeutic Hypnosis  
Address: 1721 Old Wagon Rd  
Luray, VA 22835

Office Phone: 703-980-9396  
Home Phone: 540-778-1291  
Email: [hugo@accesswisdom.com](mailto:hugo@accesswisdom.com)  
Therapies: Therapeutic Hypnosis, Transformational Experiential courses  
Specialization: Therapeutic Hypnosis, Relationship Counseling, Phone Coaching  
Website: <http://www.accesswisdom.com>

Name: **Cathy Embrey, CMT**  
Profession: Massage Therapist and Esthetician  
Address: 116 Jutland Ct  
Stephens City, VA 22655  
OPhone: 540-869-7606  
Email: [massage@shentel.net](mailto:massage@shentel.net)  
Therapies: Healing Touch, Craniosacral Therapy, Biodynamic Therapy, Viseral Manipulation, Reflexology, Myofascial Release, Trigger Point, Swedish and Deep Tissue Massage  
Specialization: Fibromyalgia treatment and classes, Headaches, chronic pain, TMJ, stress reduction

Name: **Diane Farhat**  
Profession: Retired  
Address: Alexandria, VA. 22015  
Office Phone: 703-607-1314  
Home Phone: 703-250-8116  
Email: [dlfarhat@cox.net](mailto:dlfarhat@cox.net)  
Therapies: Reiki, Healing Touch, Quantum Touch, Jin Shin, and various visualization techniques.  
Comments: I am keenly interested in all types of energy healing so am currently exploring many different modalities.

Name: **Robert Fears, BA, NCBTMB**  
Profession: Mental Health Case Manager / Massage Therapist  
Address: 409 Sheepshead Lane  
Virginia Beach, VA 23452  
Office Phone: 301-648-1901  
Home Phone: 757-463-2112  
Email: [magicalman@cox.net](mailto:magicalman@cox.net)  
Therapies: Ortho-Bionomy, Polarity Therapy, Rebirthing, Metatherapy, Visualization, Breathwork.  
Specialization: Pain reduction; obstacle resolution; reconnection with self-healing abilities for lupus, fibromyalgia, pre-and post-surgery, acute and chronic trauma, wound repair, TMJ, headache, cramps, sprains, bruises; peak performance, self-care, relaxation, inspiration.  
Comments: Facilitating connection thru the body with the natural healing abilities of the Self. Gentle, painless, rapid results. Your body knows what it needs. We follow its lead.  
Website: Under construction

Name: **Carol Fitzpatrick**

Profession: Channel/Author/Speaker  
Address: 13313 Country Way Circle  
Fredericksburg, VA 22407  
Office Phone: 540-785-7770  
Home Phone: 540-786-5591  
Email: [carol@carolynfitzpatrick.com](mailto:carol@carolynfitzpatrick.com)  
Therapies: Channelled prophecies for personal and global shifting.  
Vibrational medicine.  
Specialization Vibrational shifting to release fear-laden beliefs, facilitating the self-discovery of life path and purpose.  
Website: [www.carolynfitzpatrick.com](http://www.carolynfitzpatrick.com) and [www.arayu.org](http://www.arayu.org)

Name: **Anthony Frato, LPC, CSAC**  
Profession: Psychotherapist  
Address: 205 S. Whiting Street, Suite 601  
Alexandria, VA 22304  
Office Phone: 703-470-5596  
Email: [frat@surfbest.net](mailto:frat@surfbest.net)  
Therapies: Relaxation/Meditation, Emotional Freedom Technique, BSFF, and Stress & Anger management modalities  
Specialization Substance abuse  
Comments: I enjoy humor and as help for release for my clients.

Name: **Heidi Friedman, LPC, LMFT**  
Profession: Counselor – private practice  
Address: 9625 Surveyor Court, Suite 210  
Manassas, VA 20110  
Office Phone: 703-743-1465  
Home Phone: 703-743-1464  
Email: [smhfriedman@comcast.net](mailto:smhfriedman@comcast.net)  
Therapies: EMDR, TFT, EFT, BSFF, TAT, eTOX, Matrix Work, cognitive behavioral/solution focused work, neurofeedback  
Specialization Depression, anxiety, trauma, abuse, crisis intervention

Name: **Margaret Gennaro, M.D.**  
Profession: Holistic Physician  
Office: 10560 Main Street, Suite PH-1  
Fairfax, VA 22030  
Office Phone: 703-865-5690 Direct line: 703-865-5692  
Email: [DrGennaro@webtv.net](mailto:DrGennaro@webtv.net)  
Therapies: Body Talk, Emotional Freedom Technique, Tapas Acupressure Technique, Allergy Elimination Techniques, Healing from the Body Level Up, Getting Thru to Your Soul, Reiki, Flower Essences, Herbs, Nutrients, and some homeopathics.  
Specialization Fatigue, ADD/ADHD, Asthma, Allergies, Phobias, Fibromyalgia, Irritable Bowel Syndrome, Chronic Infections, Depression, Yeast Overgrowth, Autism, Learning Disabilities, Thyroid and Adrenal Dysfunction, Female Hormone Imbalances.  
Comments: I was a conventionally trained pediatrician for almost 10 years. I started

my holistic practice in 2000 after challenges with Fibromyalgia, Chronic Fatigue and Irritable Bowel Syndrome. I am truly enjoying what I am doing because I feel like I am really helping people to heal themselves with God's help.

Website: [www.neckbackandbeyond.com](http://www.neckbackandbeyond.com)

Name: **Angela Graciani, CBP**  
Profession: BodyTalk Practitioner  
Address: 809 Brandon Ave., Suite 208  
Norfolk, VA 23517  
Office Phone: 757-339-7723  
Home Phone: 757-622-6296  
Email: [agraciani@cox.net](mailto:agraciani@cox.net)  
Therapies: BodyTalk System  
Specialization: Balancing and synchronizing body-mind system

Name: **Bonnie Jean Griffith, B.A.**  
Profession: Healer/Energy Worker  
Address: Fredericksburg, VA 22401  
Office Phone: 540.834.8473  
Home Phone: 540.899.5495  
Email: [bjdesigns@cox.net](mailto:bjdesigns@cox.net)  
Therapies: Reconnection; Reiki

Name: **Vickie Griffith, CH, Adv. EFT Practitioner**  
Profession: Life Skills Consultant  
Address: 12421 Stone Horse Court  
Glen Allen, VA 23059  
Office Phone: 804-677-1174  
Email: [vickiegriffith@break-through.org](mailto:vickiegriffith@break-through.org)  
Therapies: Hypnosis, EFT  
Specialization: Weight loss, sports performance, Allergy Antidotes  
Website: [www.break-through.org](http://www.break-through.org) and [www.iqitstopsmokingnow.com](http://www.iqitstopsmokingnow.com)

Name: **Mary Branch Grove, LCSW**  
Profession: Clinical social work, Energy healing, Feng Shui  
Address: 8302-C Old Courthouse Road  
Vienna, VA 22182  
Office Phone: 703-442-7735  
Email: [energydynamics@gmail.com](mailto:energydynamics@gmail.com)  
Therapies: TFT, Esoteric healing, Cranial sacral, Chakra balancing, EMDR  
Website: [www.HealingIntuition.com](http://www.HealingIntuition.com) and [www.ArtOfHealing.net](http://www.ArtOfHealing.net)

Name: **Martha L Harris, LCSW**  
Profession: Licensed Clinical Social Worker in private practice  
Office: Banyan Counseling Center, Inc.  
2820 School Street  
Alexandria, VA 22303  
Office Phone: 571-717-0999

Email: [BanyanCounseling@aol.com](mailto:BanyanCounseling@aol.com)  
Therapies: Hypnotherapy, Thought Field Therapy, Talk Therapy  
Specialization Transgender issues, gay, lesbian, depression, anxiety, life issues, relationship issues.  
Comments: Ms. Harris has been in private practice since 1996 and is committed to helping people find happiness in their lives.  
Website: [www.banyancounselingcenter.com](http://www.banyancounselingcenter.com)

Name: **Nancy G. Hart**  
Profession: Alternative Therapist  
Address: 8317 Rolling Road  
Manassas, VA 20110  
Phone: 703-365-9424  
Email: [Nghart12@aol.com](mailto:Nghart12@aol.com)  
Therapies: NST, EFT, Auricular acupuncture, Malachite therapy, Allergy Antidotes, shaman healing treatments and Body Space Medicine  
Specialization Allergies

Name: **Stuart Heller, Ph.D., 6th Degree Black Belt**  
Profession: Applied Human Systems – Coaching, Consulting, Training  
Address: 1554 Goldenrain Ct  
Reston, VA 20190  
Office Phone: 703-819-2466  
Home Phone: 703-707-0201  
Email: [drmove@earthlink.net](mailto:drmove@earthlink.net)  
Therapies: Movement Psychology, Internal Martial Arts, Qi Gong, Meditation  
Specialization Difficult or chronic issues; cultivating the virtues of power, character, and presence; aligning verbal and non-verbal communication  
Comments: Author of "The Dance of Becoming: Living Life as a Martial Art", "Retooling on the Run: Real Change for Leaders with No Time" and the DVD, "Exercising for Versatility"

Name: **Johnny Henderson, Ph.D., RPP**  
Profession: Polarity Wellness Counselor/Polarity Teacher  
Address: 1101 S. Arlington Ridge Road #101  
Arlington, VA 22202  
Office Phone: 703-521-7177  
Email: [SETherapies@aol.com](mailto:SETherapies@aol.com)  
Therapies: Polarity Therapy, Craniosacral Therapy, NLP, Hypnotherapy, Sound Therapy, Nutrition, Intuitive Healers, Medical Aromatherapy

Name: **Gretchen D Horst, LCSW, DAPA**  
Profession: Social Work  
Address: 11870 Sunrise Valley Drive, Suite 200  
Reston, VA 20191  
Office Phone: 703-391-7380  
Home Phone: 703-716-4748  
Email: [TheDorrCenter@BigPlanet.com](mailto:TheDorrCenter@BigPlanet.com)  
Therapies: EMDR (nationally certified), ETT (Emotional Transformation Therapy),

Gestalt, Hypnosis, Cognitive, Imagery, TFT (Thought Field Therapy), Reiki Master, Workshop Presenter of Goddess Weekends, also offer couples weekends in Rehobeth, Delaware and Shepherdstown, WVA.  
Specialization: Grief and loss, PTSD, terminal and chronic illness, anxiety disorders.  
Comments: I am the director of The Dorr Center, a Wellness Center where we focus on the whole person – mind, body and spirit.  
Website: <http://www.thedorrcenter.com/>

Name: **Lisa Howard-Grabman, MA, CEC**  
Profession: Personal/organizational Development Coach and Consultant  
Address: 3414 N Emerson Street  
Arlington, VA 22207  
Phone: (703) 241-1533  
Email: [lisahq@transformationcoaching.org](mailto:lisahq@transformationcoaching.org)  
Therapies: EFT, pranic healing, Reiki, some NLP  
Specialization: Improvement of job performance, satisfaction and work/life balance, especially for international development professionals; life coaching; and consulting in community mobilization for health.  
Website: [www.transformationcoaching.org](http://www.transformationcoaching.org)

Name: **George James, M.S.**  
Profession: Facilitator of Personal Growth and Healing  
Address: 3680 Yorktown Village Pass  
Annandale, Va. 22003  
Home Phone: 703-573-1126126  
Email: [George@Ritam.net](mailto:George@Ritam.net)  
Therapies: Intuitive Guidance, Raditory Healing, Soma Pi  
Specialization: General, Counseling and Healing, Coaching. Teach intuition through the Perception Awareness Technique. Teach all levels of Flames Meditation and Healing  
Comments: I have been facilitating individual and group personal/spiritual growth at the national and international level since 1982. Clients range from children to heads of state.  
Website: [www.Ritam.net](http://www.Ritam.net)

Name: **Julie Keith, MS, RN, CHES**  
Profession: Health Education  
Address: 120 Boulder Point Drive  
Hardy, VA 24101  
Office Phone: 540-427-2652  
Home Phone: 540-427-4465  
Therapies: JMT Level 2  
Specialization: Osteoarthritis, rheumatoid arthritis, fibromyalgia, Crohn's, CFIDS, lupus  
Comments: Provide health education and information retrieval on health topics for individuals, groups or companies. Lecture on a variety of topics including stress management, tobacco cessation, women's health issues.

Name: **Elizabeth Kosnik, RN, HNC**

Profession: Registered Nurse, Massage Therapist, (Certified Holistic Nurse)  
Address: 1347 Little Neck Road  
Virginia Beach, VA 23452  
Home Phone: 757-340-1484  
Email: [bkosnik@cox.net](mailto:bkosnik@cox.net)  
Therapies: Shiatsu, Healing Touch, Massage, Nursing – holistic interventions

Name: **Andrea Kraft**  
Profession: Homeopath  
Address: The Cardinal Center for Healing  
3919 Old Lee Highway, Suite 83A  
Fairfax, VA 22030  
Office Phone: 703-338-3595  
Email: [askraft@gmail.com](mailto:askraft@gmail.com)  
Therapies: Homeopathic  
Specialization: Classical Homeopathy  
Comments: Highly diluted remedies work on an energetic level which is why the healing that occurs is so deep and powerful  
Website: [www.krafthomeopathy.com](http://www.krafthomeopathy.com)

Name: **Jennifer Krajewski, En.K**  
Profession: Energy Kinesiologist  
Address: Del Ray Wellness Center  
2002 Mt. Veron Avenue, Suite 12  
Alexandria, VA 22301  
Work Phone: 703-338-3595  
Email: [jennifer@jenergybalance.com](mailto:jennifer@jenergybalance.com)  
Therapies: Applied Physiology Kinesiology, Kinergetics, Brain  
Formatting/Repatterning, Touch for Health, Acupressure, Chakra  
Balancing, Pain Management, Stress, Trauma & Anxiety.  
Specialization: Energy Kinesiology  
Website: [www.jenergybalance.com](http://www.jenergybalance.com)

Name: **Donna L Kris**  
Profession: Energy Consultant  
Address: 6511 Potomac Avenue, #B2  
Alexandria, VA 22307  
Home Phone: 703-768-0270  
Email: [sayudi@verizon.net](mailto:sayudi@verizon.net)  
Therapies: Healing Touch and Quantum Touch

Name: **Georgia LaCroix, CMT, CEIM**  
Profession: Alternative Healing Practitioner/Certified Educator of Infant Massage  
Address: Cardinal Center for Healing  
3919 Old Lee Highway, Suite 83A  
Fairfax, VA 22030  
Phone: 703-352-8535, ext 3  
Email: [healinghands1212@mac.com](mailto:healinghands1212@mac.com)  
Therapies: Intuitive Insighting; Reiki; Reconnective Healing/The Reconnection;



Quantum Touch; Craniosacral Therapy; Zero Balancing; EFT;  
Reflexology; Acupressure; Raindrop Technique; Massage Therapy;  
Huna Shamanism; Infant Massage Educator  
Specialization Working with those who are stepping into their Truth; who are working  
through transitional phases in their lives; who are feeling the effects of  
their Life Force bumping up against blockages; and who are desiring to  
express their full Potential.  
Comments: It is my passion to inspire my clients to consciously create health and  
fulfilling lives.  
Website: [www.cardinalcenterforhealing.com](http://www.cardinalcenterforhealing.com)

Name: **Judy Lamana**  
Profession: Self-employed – international trade newsletter  
Address: 7632 Bear Wallow Drive  
Warrenton, VA 20186  
Office Phone: 703-257-1014  
Home Phone: 540-341-7055  
Email: [Judy.lamana@earthlink.net](mailto:Judy.lamana@earthlink.net)  
Comments: I have benefited from energy therapy and want to learn more.

Name: **Tom Langan, RPP, CCST**  
Profession: Craniosacral Therapist and Register Polarity Practitioner  
Address: 1101 S. Arlington Ridge Road #101  
Arlington, VA 22202  
Office Phone: 703-769-4237  
Email: [tomjlangan@aol.com](mailto:tomjlangan@aol.com)  
Therapies: Polarity Therapy, Craniosacral Therapy, NLP, Hypnotherapy, Sound  
Therapy, Nutrition, Intuitive Healers, Medical Aromatherapy

Name: **Claire Laurenza, MSN, RN, CS**  
Profession: Clinical Nurse Specialist, Licensed Psychotherapist  
Address: 2032 Royal Fern Court  
Reston, VA 20191  
Office Phone: 703-598-8402  
Home Phone: 703-715-8402  
Email: [clairecns@aol.com](mailto:clairecns@aol.com)  
Therapies: 1) EMDR; 2) Use of Imagery. Have had training in Thought Field  
Therapy but use it mainly for pain.  
Specialization PTSD and anxiety disorders, depression, couples therapy.

Name: **Iris S. Lee**  
Profession: Astrologer and Personal Assistant to Steve Wentworth, Publisher of  
WholeLife Pages Directory  
Address: 5505 Atlantic Avenue  
Virginia Beach, VA 23451  
Office Phone: 757-425-6393  
Home Phone: 757-425-6393  
Email: [irislee@cox.net](mailto:irislee@cox.net)  
Therapies: Dreams; AURA Cleansing brush downs to release phobias and fears;

Specialization Relationship Astrology (composite charts and synastry); Personal Planetary Phases: Workshops on Planetary Phases: Understanding our Natal Promise, knowing what we have chosen in this life and how to best utilize the energy.

Comments: Astrology has been my passion since 1971 and I have been very lucky to have been mentored by what I consider to be the best. For many years I worked with the late Robert "Buz" Myers doing mini workshops, intensives and in his office in Virginia Beach. He was known internationally for his work as an Historian of Astrology and Metaphysics. Vickie Greene of Virginia Beach, Va. and Heidi Malvehil or Germany. Blessings are still coming my way with the people that I get to meet every day through astrology and working at WholeLife Pages.

Name: **Marlies Lersch**

Profession: Holistic Health Consultant; Personal Performance Coach

Address: 41831 Raspberry Drive  
Leesburg, VA 20176

Phone 703-777-8970

Email: [marliesclersch@aol.com](mailto:marliesclersch@aol.com)

Therapies: Chinese Herbal Nutrition, EFT, BSFF, TAT (Philosophy of Regeneration)

Specialization Teaching and sharing EFT in small groups

Name: **Beverly Levinson, LCSW**

Profession: Psychotherapist

Office: Hampton Roads Clinic  
2236 West Queen Street, Suite C  
Hampton, VA 23666

Office Phone: 757-827-8430

Email: [processongoing@yahoo.com](mailto:processongoing@yahoo.com)

Therapies: Of the "power" therapies I have been trained in, I prefer EMDR, EFT or TFT, and Energy Chords. I have recently been trained in something called Matrix Work which I hope to integrate into my work soon.

Specialization I specialize in trauma and anxiety; however, I work with all of the major diagnoses.

Name: **Mary Lynn Lipscomb, RN, AHN-C**

Profession: Advanced Holistic Nurse

Address: Fairfield, VA 24435

Office Phone: 540-461-1002

Email: [marylynnl@hughes.net](mailto:marylynnl@hughes.net)

Therapies: EAV (electrodermal testing for energetic imbalance), homeopathy, detoxification, nutritional education, NMT (Neuromodulation Technique), consultation re: alternative/complementary methods of healing.

Name: **Robert R. Maldonado, M. Ed., Master Religion, Reiki Master, CHTP**

Profession: Holistic Energy Healing Practitioner

Address 4434 N 19th St  
Arlington, VA 22207  
Phone: 703-741-0874  
Email: [rrmaldonado@verizon.net](mailto:rrmaldonado@verizon.net)  
Therapies: Usui & Karuna Reiki, Magnified Healing, Healing Touch, Chinese Qigong  
Specialization Managing life transitions, stress and anxiety  
Comments: My philosophy is that everyone has the innate ability to heal themselves and others. My approach is to awaken the inner healer and restore harmony and balance to the energy field.

Name: **Mimi Malfitano**  
Profession: Energy Healer / Teacher  
Address 3246 Valley Drive  
Alexandria, VA 22302  
Phone: 703-820-6396  
Email: [mmmalfitano@comcast.net](mailto:mmmalfitano@comcast.net)  
Therapies: Reiki, Meditation, Emotional Release Therapy, Kriya Yoga, Body Breath Technique, Young Living Essential Oils, Crystal Healing.  
Specialization Depression, anxiety, asthma, self-esteem, relationships, obesity  
Website: [www.subtletransformations.com](http://www.subtletransformations.com)

Name: **Helen McCollum, L.Ac., Dipl.Ac.**  
Profession: Acupuncturist  
Office: Virginia Beach, VA 23464  
Office Phone: 757-450-4010  
Home Phone: 757-479-4444  
Email: [hmccollum1@verizon.net](mailto:hmccollum1@verizon.net)  
Therapies: NAET, JMT, Acupuncture, BSFF

Name: **Maureen H McCracken, RN, CS, CHTI**  
Profession: Psychiatric Mental Health Clinical Nurse Specialist and Healing Touch Instructor  
Office 489B Carlisle Drive  
Herndon, VA 20170  
Mailing 13190 Dashco Way  
Address: Herndon, VA 20171  
Office Phone: 703-793-7496  
Home Phone: 703-713-1271  
Email: [roseheal@cox.net](mailto:roseheal@cox.net)  
Therapies: Certified in EMDR; Certified in Healing Touch as Practitioner and Instructor; Certified in CPR EMI, aromatherapy, music and voice.  
Specialization Specializing in couples' work, PTSD, depression, psychosomatic, starting over in mid-life.  
Website: [www.healingtouchdc.com](http://www.healingtouchdc.com)

Name: **Bill Millard, L.Ac., CBP**  
Profession: Acupuncturist  
Address 1805 Monument Avenue, Suite 600

Richmond, VA 23220  
Office Phone: 804-874-5023  
Email: [yourhealth@bealenet.com](mailto:yourhealth@bealenet.com)  
Therapies: Acupuncture, Body Talk  
Specialization Body Talk Modules 1-9

Name: **Mary Morreale, MT-BC**  
Profession: Music Therapist  
Address: 12036 Greywing Sq. A4  
Reston, VA 20191  
Home Phone: 571-490-3439  
Email: [mary@empowerinnovations.com](mailto:mary@empowerinnovations.com)  
Therapies: Music Therapy, Guided Imagery and Music Therapy, Mandala Assessment  
Specialization Personal Discovery, Spiritual Formation/Development, Music and Creative Arts, Mandala Assessment and Interpretation  
Comments: Individual and group work in personal and spiritual development  
Website: <http://www.empowerinnovations.com>

Name: **Annette Naber, Ph.D.**  
Profession: Clinical Psychologist  
Address: 5026 Jackson River Rd  
Monterey, VA 24465  
Phone 540-468-3020  
Email: [Anaber99@aol.com](mailto:Anaber99@aol.com)  
Therapies: Psychotherapy, Reiki, Phoenix Rising Yoga Therapy, Sandplay Therapy, Therapeutic Journal Writing, Chakra Work  
Specialization Nonverbal therapy techniques to facilitate deep personal and spiritual exploration and growth. Children, adolescents, adults. Individuals and groups. Workshops and retreats.

Name: **Bernadette O'Donnell, CMT**  
Profession: Massage Therapist, Reiki Practitioner  
Address: 43895 Glenhazel Drive  
Ashburn, VA 20147  
Office Phone: 703-887-6634  
Home Phone: 703-726-9375  
Email: [Heal525@aol.com](mailto:Heal525@aol.com)  
Specialization CMT, Reiki Master Teacher, Laugh & Play Workshops  
Comments: Women's group called PrettySisters.com to help support, uplift and help each other with goals and dreams.  
Website: [www.atouchofhealth.biz](http://www.atouchofhealth.biz)

Name: **Marilyn O'Leary**  
Profession: Marketing and Business Development Coach for Holistic Practitioners  
Address: Alexandria, Virginia  
Work Phone: 703-489-1683  
Email: [Marilyn@HolisticBusinessDevelopment.com](mailto:Marilyn@HolisticBusinessDevelopment.com)  
Specialization Marketing and Business Development

Comments: Visit our website and learn the 6 steps to a full and thriving practice!  
Website: [www.HolisticBusinessDevelopment.com](http://www.HolisticBusinessDevelopment.com)

Name: **Dee and William R. Oldham, EK**  
Profession: Energy Kinesiology  
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Arlington, VA 22207-5104  
Home Phone: 703-243-3253  
Email: [wroldham@verizon.net](mailto:wroldham@verizon.net)  
Therapies: Neural Organization Technique (NOT), 3 in 1, Touch for Health, Massage, NeuroLink, Kinergetics, Belief Power, Aromatherapy, Flower Essences.  
Specialization: The use of muscle testing as a feedback to determine the needs of the client.  
Comments: The client is the final authority, giving permission and participating in healing itself.  
Website: [www.heart-touch.com](http://www.heart-touch.com)

Name: **Michele A. Porzel, NCMT**  
Profession: Retreat Facilitator and Massage Therapist  
Address: 8996 Burke Lake Road  
Burke, VA 22015  
Office Phone: 571-321-0379  
Home Phone: 703-455-4627  
Email: [mporzel@cox.net](mailto:mporzel@cox.net)  
Therapies: Craniosacral, Energywork, Sound Healing, Intuitive Guidance, Therapeutic Massage  
Specialization: Intuitive Healing  
Comments: Head spiritual retreats – Seeds of Cosmic Consciousness Retreats  
Website: [www.IntuitiveHealingCenter.com](http://www.IntuitiveHealingCenter.com)

Name: **Dr. Olga R. Rasmussen, D.Min; RYT**  
Profession: Yoga Teacher/Therapist Theologian; Reiki Master Teacher  
Address: 20579 Shadow Woods Ct.  
Potomac Falls, VA 20165  
Phone: 703-406-2717  
Email: [oraz@aol.com](mailto:oraz@aol.com)  
Therapies: Reiki, Reconnective Healing, The Reconnection, Neo-Energetiks, Yoga Therapy, Karuna Reiki  
Specialization: Energy healing and teaching Reiki classes

Name: **Cathy Raymond**  
Profession: Educational Consultant  
Address: 3316 Woodburn Village Drive, #11  
Annandale, VA 22003  
Phone: 703-499-5511  
Email: [cathyraymond@cox.net](mailto:cathyraymond@cox.net)  
Therapies: EFT, BSFF, TAT, Body Talk, Reiki, Therapeutic Touch, Prayer, NrG Medicine™

Specialization Individuals and organizations

Name: **Bill Reddy, L.Ac.**  
Profession: Acupuncturist  
Address: 6350 Hillcrest Place  
Alexandria, VA 22312  
Home Phone: 703-354-9295  
Email: [Acu\\_health@yahoo.com](mailto:Acu_health@yahoo.com)  
Therapies: Acupuncture, Moxibustion, Tui Na, Gua Sha, Electrostimulation

Name: **Tamara Reitz, RN, CMT**  
Profession: Registered Nurse/Massage Therapist  
Rockville, VA 23146  
Home Phone: 804-749-4071  
Email: [Tlsr0804@earthlink.net](mailto:Tlsr0804@earthlink.net)  
Therapies: Healing Touch, Reiki, Massage Therapy, Reflexology  
Comments: Have hospice and palliative care experience.

Name: **Lori Rock**  
Profession: Evolutionary Reiki Master and Magnified Healing Teacher  
Address: 1225 Michigan Court - North Old Town  
Alexandria, VA 22314  
Office Phone: 703-837-0049  
Email: [LARock.Namaste@comcast.net](mailto:LARock.Namaste@comcast.net)  
Specialization Helping clients identify and clear emotional blocks for issues or to move forward  
Comments: Offer Evolutionary Reiki I, II and III classes, as well as Magnified Healing Phase I class in North Old Town Alexandria VA.  
Website: [www.wisdomfromlori.blogspot.com](http://www.wisdomfromlori.blogspot.com)

Name: **Rose Rosetree**  
Profession: Writer and Teacher and Practitioner, Deeper Perception  
Address: 116 Hillsdale Dr  
Sterling, VA 20164-1201  
Office Phone: 703-404-4357  
Home Phone: 703-450-9514  
Email: [RoseRosetree@Verizon.net](mailto:RoseRosetree@Verizon.net)  
Therapies: I use the methods of deeper perception in the books at <http://www.rose-rosetree.com>. In addition, for sessions of spiritual and emotional healing, I use techniques that move energy as well as give information. Active professionally since 1971, I've studied many techniques for spiritual, emotional and physical healing, but am best known for the innovative techniques that I've developed.

Specialization Face Reading, Aura Reading, Techniques as a Skilled Empath, Soul Reading

Comments: To receive a free monthly zine with face and aura readings of people in the news, email to [Rosetree@Starpower.net](mailto:Rosetree@Starpower.net). In the Subject line, put "Subscribe." You may unsubscribe at any time--or invite friends to subscribe. Your contact information is kept private.

Website: <http://www.rose-rosetree.com>

Name: **Luanne Ruona, M.D.**  
Profession: Psychiatrist  
Address: 1198 Janneys Lane  
Alexandria, VA 22302  
Office Phone: 703-370-1049  
Home Phone: 703-370-3903  
Email: [lruonamd@aol.com](mailto:lruonamd@aol.com)  
Therapies: Cognitive, especially Rational Behavioral and rational Emotive, Thought Field Therapy, EMDR, Holographic Memory Resolution, Hypnosis in conjunction with psychodynamics as needed. Holistic – integrating above modalities in mind/body/spirit.  
Specialization Basically the integrative aspect – mind/body/spirit

Name: **Evelin E Saxinger, ND, ACH**  
Profession: Holistic Health Consultant and Life Transitions Coach  
Address: 5435 Barrister Place  
Alexandria, VA 22304-1957  
Phone: 703-578-4513  
Office Phone: 571-232-2737  
Email: [esaxinger@comcast.net](mailto:esaxinger@comcast.net)  
Therapies: EFT, BSFF, NLP, Hypnosis  
Specialization Stress, nutrition, weight, health and wellness, relationships, personal performance, fears and anxieties, behavior change  
Comments: Corporate training – stress, nutrition, wellness, motivation, self-esteem, confidence, creativity. Telephone sessions available. Certified Passion Test Facilitator.  
Website: [www.blueprints4change.com](http://www.blueprints4change.com)

Name: **Marlene Schmidt**  
Profession: Reflexology practitioner/Aromatherapy Consultant  
Address: 7308 Leesville Blvd.  
Springfield, VA 22151  
Cell Phone: 703-231-2299  
Email: [step-pes@cox.net](mailto:step-pes@cox.net)  
Therapies: Reflexology, Essential Oils

Name: **L.W. "Tres" Shaffer, MS, CMT, LPC**  
Profession: Counselor  
Address: Monument Medical Building, 4908 Monument Avenue, Suite 102  
Richmond, VA  
Office Phone: (804) 914-9377  
Home Phone: (804) 379-9377  
Email: [Tres\\_s@hotmail.com](mailto:Tres_s@hotmail.com)  
Therapies: EFT, BSFF, Quantum Touch, EmoTrance  
Specialization Addictions, mood disorders  
Comments: 1<sup>st</sup> USA certified trainer/practitioner of EmoTrance

Name: **Gloria Sharp**  
Profession: Flight attendant – Reiki and Therapeutic Touch Healer  
Address: 734 Burnt House Point  
Colonial Beach, VA 22443  
Home Phone: 804-224-2323  
Email: [kgroots@earthlink.net](mailto:kgroots@earthlink.net)  
Therapies: Reiki, Therapeutic Touch

Name: **Shana Spiegel, MHS, OTR/L, CHTP**  
Profession: Occupational Therapist/Healing Touch Practitioner  
Address: 1035 Sterling Road, #104  
Herndon, VA 20170  
Office Phone: 703-464-8550  
Email: [srspiegel@yahoo.com](mailto:srspiegel@yahoo.com)  
Therapies: Healing Touch, Energetic Healing

Name: **Jan Steele, JD MSW**  
Profession: Therapist / Coach  
Address: McLean, Virginia 22102  
Phone: 703-448-8472  
Email: [jansteele2@gmail.com](mailto:jansteele2@gmail.com)  
Therapies: EMDR, EFT, BSFF  
Specialization: Getting unstuck, self esteem and self confidence, anxiety, traumas, personal peace and performance.

Name: **Marilyn Stickle, LCSW, BCD**  
Profession: Clinical Social Work  
Address: 5319 Lee Highway  
Arlington, VA 22207  
Office Phone: 703-533-1038  
Home Office: 703-790-0232  
Email: [mbstickle@aol.com](mailto:mbstickle@aol.com)  
Therapies: Holistic therapy that integrates the Spirit in diagnosis and treatment, building on psychodynamic understanding of development and change..  
Specialization: Individual adult and couples therapy. Adult groups incorporating meditation. Meditation/Discussion groups for clinicians.  
Comments: The Spirit-Mind-Body clinical model of practice integrates Eastern and Western thought, and places understanding of change within the energetic nature of experience. Connection, sensitivity, intuition and authentic presence redefine the nature of the therapeutic relationship and the goals of treatment.

Name: **Deborah Stokes, Ph.D., LPC**  
Profession: Neurotherapist  
Office: 2121 Eisenhower Ave., Suite 200  
Alexandria, VA 22314  
Office Phone: 703-684-0334  
Home Phone: 703-960-5933  
Email: [dstokes3@cox.net](mailto:dstokes3@cox.net)



Therapies: Neurofeedback (EEG biofeedback) for attention deficit disorder, depression, anxiety, migraines, insomnia, pain, epilepsy.  
Specialization See above

Name: **Dan Strelsky**  
Profession: Clearing and neutralizing hazardous electro-magnetic fields(EMF) and noxious geopathic zones(GPZ) in the home and working environment.  
Address: 7000 Elizabeth Drive  
McLean, VA 22101-2623  
Phone: 703-356-2224  
Email: [dstrelsky@cox.net](mailto:dstrelsky@cox.net)  
Therapies: Biogeometry Energy Clearing Techniques (By Dr. Ibrahim Karim) using Biosignatures and other energy clearing systems.  
Specialization Locating (Dowsing) and clearing harmful geopathic zones, electro-magnetic fields and other noxious energies  
Comments: Available for on site inspection in Md, D.C. and Va. Long Distant Consulting available. Mfg. and distributor for various energy clearing products.

Name: **Meredith Tupper**  
Email: [Meredith@pintsize.com](mailto:Meredith@pintsize.com)  
Comments: I am joining ETN for the mailing list – I am a Reiki I student under Lori Rock and not ready yet to offer my services.

Name: **Lynn Turner, PhD, LCSW**  
Profession: Psychotherapy  
Office: A Center for Relationships  
316 Commerce Street  
Alexandria, VA 22314  
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Therapies: TFT, EMDR, Bonding Psychotherapy (formerly NIP), Emotional Release Process, Cognitive/Behavioral  
Specialization Couples, adults with relationship issues, stepfamilies, children of separation or divorce.  
Comments: I have had excellent results combining Thought Field Therapy, EMDR and emotional release techniques.

Name: **Mary Ruth Van Landingham**  
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Therapies: Teacher & Practitioner: Reiki: Usui, Karuna, Sekhem-Seichim, Gendai, Lightarian, Mari-EI, Blue Star Celestial, Tibetan Reiki, White Dove, Sacred Flames, Amara;Lightarian Rays and AngelLinks; Kuan Yin Magnified Healing, Ethereal Crystal Therapy Levels 1-9; Golden Triangle Healing. Practitioner: Spiritual Response Therapy, Axiatonal

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Therapies: Solution-focused therapy; Cognitive-behavioral therapy; Expressive therapies (art, music, play, exercise therapies); Relaxation therapies (guided imagery & progressive relaxation techniques); Desensitization; Poliarly massage; Reflexology; Biopsychosocial/spiritual life grid therapy (life, health, & safety empowerment)  
Specialization: Eating disorder treatment and prevention; trauma recovery; enhancing stress resilience; developing positive coping strategies (individual & group counseling; seminars)

Name: **Sylva Wysocki**  
Profession: Accounting for Home Theater & 3<sup>rd</sup> level Reiki graduate  
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Therapies: Reiki, BioGenesis, Tapping  
Specialization: None yet  
Comments: Have experience creating websites and business collateral

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ETN, Debby Vajda, LCSW and Shawn Adler are not responsible for any errors or misrepresentations, if any appear in this directory.